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DISCIPLINE AND PUNISH

*The Birth of the Prison*

*Translated from the French*

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## I. Docile bodies

Let us take the ideal figure of the soldier as it was still seen in the early seventeenth century. To begin with, the soldier was someone who could be recognized from afar; he bore certain signs: the natural signs of his strength and his courage, the marks, too, of his pride; his body was the blazon of his strength and valour; and although it is true that he had to learn the profession of arms little by little – generally in actual fighting – movements like marching and attitudes like the bearing of the head belonged for the most part to a bodily rhetoric of honour; ‘The signs for recognizing those most suited to this profession are a lively, alert manner, an erect head, a taut stomach, broad shoulders, long arms, strong fingers, a small belly, thick thighs, slender legs and dry feet, because a man of such a figure could not fail to be agile and strong’; when he becomes a pike-bearer, the soldier ‘will have to march in step in order to have as much grace and gravity as possible, for the pike is an honourable weapon, worthy to be borne with gravity and boldness’ (Montgommery, 6 and 7). By the late eighteenth century, the soldier has become something that can be made; out of a formless clay, an inapt body, the machine required can be constructed; posture is gradually corrected; a calculated constraint runs slowly through each part of the body, mastering it, making it pliable, ready at all times, turning silently into the automatism of habit; in short, one has ‘got rid of the peasant’ and given him ‘the air of a soldier’ (ordinance of 20 March 1764). Recruits become accustomed to ‘holding their heads high and erect; to standing upright, without bending the back, to sticking out the belly, throwing out the chest and throwing back the shoulders; and, to help them acquire the habit, they are given this position while standing against a wall in such a way that the heels, the thighs, the waist and the shoulders touch it, as also do the backs

of the hands, as one turns the arms outwards, without moving them away from the body. . . Likewise, they will be taught never to fix their eyes on the ground, but to look straight at those they pass . . . to remain motionless until the order is given, without moving the head, the hands or the feet . . . lastly to march with a bold step, with knee and ham taut, on the points of the feet, which should face outwards' (ordinance of 20 March 1764).

The classical age discovered the body as object and target of power. It is easy enough to find signs of the attention then paid to the body – to the body that is manipulated, shaped, trained, which obeys, responds, becomes skilful and increases its forces. The great book of Man-the-Machine was written simultaneously on two registers: the anatomico-metaphysical register, of which Descartes wrote the first pages and which the physicians and philosophers continued, and the technico-political register, which was constituted by a whole set of regulations and by empirical and calculated methods relating to the army, the school and the hospital, for controlling or correcting the operations of the body. These two registers are quite distinct, since it was a question, on the one hand, of submission and use and, on the other, of functioning and explanation: there was a useful body and an intelligible body. And yet there are points of overlap from one to the other. La Mettrie's *L'Homme-machine* is both a materialist reduction of the soul and a general theory of *dressage*, at the centre of which reigns the notion of 'docility', which joins the analysable body to the manipulable body. A body is docile that may be subjected, used, transformed and improved. The celebrated automata, on the other hand, were not only a way of illustrating an organism, they were also political puppets, small-scale models of power: Frederick II, the meticulous king of small machines, well-trained regiments and long exercises, was obsessed with them.

What was so new in these projects of docility that interested the eighteenth century so much? It was certainly not the first time that the body had become the object of such imperious and pressing investments; in every society, the body was in the grip of very strict powers, which imposed on it constraints, prohibitions or obligations. However, there were several new things in these techniques. To begin with, there was the scale of the control: it was a

question not of treating the body, *en masse*, 'wholesale', as if it were an indissociable unity, but of working it 'retail', individually; of exercising upon it a subtle coercion, of obtaining holds upon it at the level of the mechanism itself – movements, gestures, attitudes, rapidity: an infinitesimal power over the active body. Then there was the object of the control: it was not or was no longer the signifying elements of behaviour or the language of the body, but the economy, the efficiency of movements, their internal organization; constraint bears upon the forces rather than upon the signs; the only truly important ceremony is that of exercise. Lastly, there is the modality: it implies an uninterrupted, constant coercion, supervising the processes of the activity rather than its result and it is exercised according to a codification that partitions as closely as possible time, space, movement. These methods, which made possible the meticulous control of the operations of the body, which assured the constant subjection of its forces and imposed upon them a relation of docility-utility, might be called 'disciplines'. Many disciplinary methods had long been in existence – in monasteries, armies, workshops. But in the course of the seventeenth and eighteenth centuries the disciplines became general formulas of domination. They were different from slavery because they were not based on a relation of appropriation of bodies; indeed, the elegance of the discipline lay in the fact that it could dispense with this costly and violent relation by obtaining effects of utility at least as great. They were different, too, from 'service', which was a constant, total, massive, non-analytical, unlimited relation of domination, established in the form of the individual will of the master, his 'caprice'. They were different from vassalage, which was a highly coded, but distant relation of submission, which bore less on the operations of the body than on the products of labour and the ritual marks of allegiance. Again, they were different from asceticism and from 'disciplines' of a monastic type, whose function was to obtain renunciations rather than increases of utility and which, although they involved obedience to others, had as their principal aim an increase of the mastery of each individual over his own body. The historical moment of the disciplines was the moment when an art of the human body was born, which was directed not only at the growth of its skills, nor at the intensification of its

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subjection, but at the formation of a relation that in the mechanism itself makes it more obedient as it becomes more useful, and conversely. What was then being formed was a policy of coercions that act upon the body, a calculated manipulation of its elements, its gestures, its behaviour. The human body was entering a machinery of power that explores it, breaks it down and rearranges it. A 'political anatomy', which was also a 'mechanics of power', was being born; it defined how one may have a hold over others' bodies, not only so that they may do what one wishes, but so that they may operate as one wishes, with the techniques, the speed and the efficiency that one determines. Thus discipline produces subjected and practised bodies, 'docile' bodies. Discipline increases the forces of the body (in economic terms of utility) and diminishes these same forces (in political terms of obedience). In short, it dissociates power from the body; on the one hand, it turns it into an 'aptitude', a 'capacity', which it seeks to increase; on the other hand, it reverses the course of the energy, the power that might result from it, and turns it into a relation of strict subjection. If economic exploitation separates the force and the product of labour, let us say that disciplinary coercion establishes in the body the constricting link between an increased aptitude and an increased domination.

The 'invention' of this new political anatomy must not be seen as a sudden discovery. It is rather a multiplicity of often minor processes, of different origin and scattered location, which overlap, repeat, or imitate one another, support one another, distinguish themselves from one another according to their domain of application, converge and gradually produce the blueprint of a general method. They were at work in secondary education at a very early date, later in primary schools; they slowly invested the space of the hospital; and, in a few decades, they restructured the military organization. They sometimes circulated very rapidly from one point to another (between the army and the technical schools or secondary schools), sometimes slowly and discreetly (the insidious militarization of the large workshops). On almost every occasion, they were adopted in response to particular needs: an industrial innovation, a renewed outbreak of certain epidemic diseases, the invention of the rifle or the victories of Prussia. This did not prevent



them being totally inscribed in general and essential transformations, which we must now try to delineate.

There can be no question here of writing the history of the different disciplinary institutions, with all their individual differences. I simply intend to map on a series of examples some of the essential techniques that most easily spread from one to another. These were always meticulous, often minute, techniques, but they had their importance: because they defined a certain mode of detailed political investment of the body, a 'new micro-physics' of power; and because, since the seventeenth century, they had constantly reached out to ever broader domains, as if they tended to cover the entire social body. Small acts of cunning endowed with a great power of diffusion, subtle arrangements, apparently innocent, but profoundly suspicious, mechanisms that obeyed economies too shameful to be acknowledged, or pursued petty forms of coercion – it was nevertheless they that brought about the mutation of the punitive system, at the threshold of the contemporary period. Describing them will require great attention to detail: beneath every set of figures, we must seek not a meaning, but a precaution; we must situate them not only in the inextricability of a functioning, but in the coherence of a tactic. They are the acts of cunning, not so much of the greater reason that works even in its sleep and gives meaning to the insignificant, as of the attentive 'malevolence' that turns everything to account. Discipline is a political anatomy of detail.

Before we lose patience we would do well to recall the words of Marshal de Saxe: 'Although those who concern themselves with details are regarded as folk of limited intelligence, it seems to me that this part is essential, because it is the foundation, and it is impossible to erect any building or establish any method without understanding its principles. It is not enough to have a liking for architecture. One must also know stone-cutting' (Saxe, 5). There is a whole history to be written about such 'stone-cutting' – a history of the utilitarian rationalization of detail in moral accountability and political control. The classical age did not initiate it; rather it accelerated it, changed its scale, gave it precise instruments, and perhaps found some echoes for it in the calculation of the infinitely small or in the description of the most detailed characteristics of natural beings. In any case, 'detail' had long been a category of

theology and asceticism: every detail is important since, in the sight of God, no immensity is greater than a detail, nor is anything so small that it was not willed by one of his individual wishes. In this great tradition of the eminence of detail, all the minutiae of Christian education, of scholastic or military pedagogy, all forms of 'training' found their place easily enough. For the disciplined man, as for the true believer, no detail is unimportant, but not so much for the meaning that it conceals within it as for the hold it provides for the power that wishes to seize it. Characteristic is the great hymn to the 'little things' and to their eternal importance, sung by Jean-Baptiste de La Salle, in his *Traité sur les obligations des frères des Écoles chrétiennes*. The mystique of the everyday is joined here with the discipline of the minute. 'How dangerous it is to neglect little things. It is a very consoling reflection for a soul like mine, little disposed to great actions, to think that fidelity to little things may, by an imperceptible progress, raise us to the most eminent sanctity: because little things lead to greater . . . Little things; it will be said, alas, my God, what can we do that is great for you, weak and mortal creatures that we are. Little things; if great things presented themselves would we perform them? Would we not think them beyond our strength? Little things; and if God accepts them and wishes to receive them as great things? Little things; has one ever felt this? Does one judge according to experience? Little things; one is certainly guilty, therefore, if seeing them as such, one refuses them? Little things; yet it is they that in the end have made great saints! Yes, little things; but great motives, great feelings, great fervour, great ardour, and consequently great merits, great treasures, great rewards' (La Salle, *Traité* . . ., 238-9). The meticulousness of the regulations, the fussiness of the inspections, the supervision of the smallest fragment of life and of the body will soon provide, in the context of the school, the barracks, the hospital or the workshop, a laicized content, an economic or technical rationality for this mystical calculus of the infinitesimal and the infinite. And a History of Detail in the eighteenth century, presided over by Jean-Baptiste de La Salle, touching on Leibniz and Buffon, via Frederick II, covering pedagogy, medicine, military tactics and economics, should bring us, at the end of the century, to the man who dreamt of being another Newton, not the Newton of the immensities of

the heavens and the planetary masses, but a Newton of 'small bodies', small movements, small actions; to the man who replied to Monge's remark, 'there was only one world to discover': 'What do I hear? But the world of details, who has never dreamt of that other world, what of that world? I have believed in it ever since I was fifteen. I was concerned with it then, and this memory lives within me, as an obsession never to be abandoned. . . That other world is the most important of all that I flatter myself I have discovered: when I think of it, my heart aches' (these words are attributed to Bonaparte in the Introduction to Saint-Hilaire's *Notions synthétiques et historiques de philosophie naturelle*). Napoleon did not discover this world; but we know that he set out to organize it; and he wished to arrange around him a mechanism of power that would enable him to see the smallest event that occurred in the state he governed; he intended, by means of the rigorous discipline that he imposed, 'to embrace the whole of this vast machine without the slightest detail escaping his attention' (Treillard, 14).

A meticulous observation of detail, and at the same time a political awareness of these small things, for the control and use of men, emerge through the classical age bearing with them a whole set of techniques, a whole corpus of methods and knowledge, descriptions, plans and data. And from such trifles, no doubt, the man of modern humanism was born.<sup>1</sup>

### *The art of distributions*

In the first instance, discipline proceeds from the distribution of individuals in space. To achieve this end, it employs several techniques.

1. Discipline sometimes requires *enclosure*, the specification of a place heterogeneous to all others and closed in upon itself. It is the protected place of disciplinary monotony. There was the great 'confinement' of vagabonds and paupers; there were other more discreet, but insidious and effective ones. There were the *collèges*, or secondary schools: the monastic model was gradually imposed; boarding appeared as the most perfect, if not the most frequent, educational régime; it became obligatory at Louis-le-Grand when, after the departure of the Jesuits, it was turned into a model school (cf. Ariès, 308-13 and Snyders, 35-41). There were the military

barracks: the army, that vagabond mass, has to be held in place; looting and violence must be prevented; the fears of local inhabitants, who do not care for troops passing through their towns, must be calmed; conflicts with the civil authorities must be avoided; desertion must be stopped, expenditure controlled. The ordinance of 1719 envisaged the construction of several hundred barracks, on the model of those already set up in the south of the country; there would be strict confinements: 'The whole will be enclosed by an outer wall ten feet high, which will surround the said houses, at a distance of thirty feet from all the sides'; this will have the effect of maintaining the troops in 'order and discipline, so that an officer will be in a position to answer for them' (*L'Ordonnance militaire*, IXL, 25 September 1719). In 1745, there were barracks in about 320 towns; and it was estimated that the total capacity of the barracks in 1775 was approximately 200,000 men (Daisy, 201-9; an anonymous memoir of 1775, in *Dépôt de la guerre*, 3689, f. 156; Navereau, 132-5). Side by side with the spread of workshops, there also developed great manufacturing spaces, both homogeneous and well defined: first, the combined manufactories, then, in the second half of the eighteenth century, the works or factories proper (the Chaussade ironworks occupied almost the whole of the Médine peninsula, between Nièvre and Loire; in order to set up the Indret factory in 1777, Wilkinson, by means of embankments and dikes, constructed an island on the Loire; Toufait built Le Creusot in the valley of the Charbonnière, which he transformed, and he had workers' accommodation built in the factory itself); it was a change of scale, but it was also a new type of control. The factory was explicitly compared with the monastery, the fortress, a walled town; the guardian 'will open the gates only on the return of the workers, and after the bell that announces the resumption of work has been rung'; a quarter of an hour later no one will be admitted; at the end of the day, the workshops' heads will hand back the keys to the Swiss guard of the factory, who will then open the gates (*Amboise*, f. 12,1301). The aim is to derive the maximum advantages and to neutralize the inconveniences (thefts, interruptions of work, disturbances and 'cabals'), as the forces of production become more concentrated; to protect materials and tools and to master the labour force: 'The order and inspection that must be maintained require

that all workers be assembled under the same roof, so that the partner who is entrusted with the management of the manufactory may prevent and remedy abuses that may arise among the workers and arrest their progress at the outset' (Dauphin, 199).

2. But the principle of 'enclosure' is neither constant, nor indispensable, nor sufficient in disciplinary machinery. This machinery works space in a much more flexible and detailed way. It does this first of all on the principle of elementary location or *partitioning*. Each individual has his own place; and each place its individual. Avoid distributions in groups; break up collective dispositions; analyse confused, massive or transient pluralities. Disciplinary space tends to be divided into as many sections as there are bodies or elements to be distributed. One must eliminate the effects of imprecise distributions, the uncontrolled disappearance of individuals, their diffuse circulation, their unusable and dangerous coagulation; it was a tactic of anti-desertion, anti-vagabondage, anti-concentration. Its aim was to establish presences and absences, to know where and how to locate individuals, to set up useful communications, to interrupt others, to be able at each moment to supervise the conduct of each individual, to assess it, to judge it, to calculate its qualities or merits. It was a procedure, therefore, aimed at knowing, mastering and using. Discipline organizes an analytical space.

And there, too, it encountered an old architectural and religious method: the monastic cell. Even if the compartments it assigns become purely ideal, the disciplinary space is always, basically, cellular. Solitude was necessary to both body and soul, according to a certain asceticism: they must, at certain moments at least, confront temptation and perhaps the severity of God alone. 'Sleep is the image of death, the dormitory is the image of the sepulchre . . . although the dormitories are shared, the beds are nevertheless arranged in such a way and closed so exactly by means of curtains that the girls may rise and retire without being seen' (*Règlement pour la communauté des filles du Bon Pasteur*, in Delamare, 507). But this is still a very crude form.

3. The rule of *functional sites* would gradually, in the disciplinary institutions, code a space that architecture generally left at the disposal of several different uses. Particular places were defined to correspond not only to the need to supervise, to break dangerous

communications, but also to create a useful space. The process appeared clearly in the hospitals, especially in the military and naval hospitals. In France, it seems that Rochefort served both as experiment and model. A port, and a military port is – with its circulation of goods, men signed up willingly or by force, sailors embarking and disembarking, diseases and epidemics – a place of desertion, smuggling, contagion: it is a crossroads for dangerous mixtures, a meeting-place for forbidden circulations. The naval hospital must therefore treat, but in order to do this it must be a filter, a mechanism that pins down and partitions; it must provide a hold over this whole mobile, swarming mass, by dissipating the confusion of illegality and evil. The medical supervision of diseases and contagions is inseparable from a whole series of other controls: the military control over deserters, fiscal control over commodities, administrative control over remedies, rations, disappearances, cures, deaths, simulations. Hence the need to distribute and partition off space in a rigorous manner. The first steps taken at Rochefort concerned things rather than men, precious commodities, rather than patients. The arrangements of fiscal and economic supervision preceded the techniques of medical observation: placing of medicines under lock and key, recording their use; a little later, a system was worked out to verify the real number of patients, their identity, the units to which they belonged; then one began to regulate their comings and goings; they were forced to remain in their wards; to each bed was attached the name of its occupant; each individual treated was entered in a register that the doctor had to consult during the visit; later came the isolation of contagious patients and separate beds. Gradually, an administrative and political space was articulated upon a therapeutic space; it tended to individualize bodies, diseases, symptoms, lives and deaths; it constituted a real table of juxtaposed and carefully distinct singularities. Out of discipline, a medically useful space was born.

In the factories that appeared at the end of the eighteenth century, the principle of individualizing partitioning became more complicated. It was a question of distributing individuals in a space in which one might isolate them and map them; but also of articulating this distribution on a production machinery that had its own requirements. The distribution of bodies, the spatial arrangement of

production machinery and the different forms of activity in the distribution of 'posts' had to be linked together. The Oberkampf manufactory at Jouy obeyed this principle. It was made up of a series of workshops specified according to each broad type of operation: for the printers, the handlers, the colourists, the women who touched up the design, the engravers, the dyers. The largest of the buildings, built in 1791, by Toussaint Barré, was 110 metres long and had three storeys. The ground floor was devoted mainly to block printing; it contained 132 tables arranged in two rows, the length of the workshop, which had eighty-eight windows; each printer worked at a table with his 'puller', who prepared and spread the colours. There were 264 persons in all. At the end of each table was a sort of rack on which the material that had just been printed was left to dry (Saint-Maur). By walking up and down the central aisle of the workshop, it was possible to carry out a supervision that was both general and individual: to observe the worker's presence and application, and the quality of his work; to compare workers with one another, to classify them according to skill and speed; to follow the successive stages of the production process. All these serializations formed a permanent grid: confusion was eliminated<sup>2</sup>: that is to say, production was divided up and the labour process was articulated, on the one hand, according to its stages or elementary operations, and, on the other hand, according to the individuals, the particular bodies, that carried it out: each variable of this force – strength, promptness, skill, constancy – would be observed, and therefore characterized, assessed, computed and related to the individual who was its particular agent. Thus, spread out in a perfectly legible way over the whole series of individual bodies, the work force may be analysed in individual units. At the emergence of large-scale industry, one finds, beneath the division of the production process, the individualizing fragmentation of labour power; the distributions of the disciplinary space often assured both.

4. In discipline, the elements are interchangeable, since each is defined by the place it occupies in a series, and by the gap that separates it from the others. The unit is, therefore, neither the territory (unit of domination), nor the place (unit of residence), but the *rank*: the place one occupies in a classification, the point at which a line and a column intersect, the interval in a series of intervals that

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one may traverse one after the other. Discipline is an art of rank, a technique for the transformation of arrangements. It individualizes bodies by a location that does not give them a fixed position, but distributes them and circulates them in a network of relations.

Take the example of the 'class'. In the Jesuit colleges, one still found an organization that was at once binary and unified; the classes, which might comprise up to two or three hundred pupils, were subdivided into groups of ten; each of these groups, with its 'decurion', was placed in a camp, Roman or Carthaginian; each 'decury' had its counterpart in the opposing camp. The general form was that of war and rivalry; work, apprenticeship and classification were carried out in the form of the joust, through the confrontation of two armies; the contribution of each pupil was inscribed in this general duel; it contributed to the victory or the defeat of a whole camp; and the pupils were assigned a place that corresponded to the function of each individual and to his value as a combatant in the unitary group of his 'decury' (Rochemonteix, 51ff). It should be observed moreover that this Roman comedy made it possible to link, to the binary exercises of rivalry, a spatial disposition inspired by the legion, with rank, hierarchy, pyramidal supervision. One should not forget that, generally speaking, the Roman model, at the Enlightenment, played a dual role: in its republican aspect, it was the very embodiment of liberty; in its military aspect, it was the ideal schema of discipline. The Rome of the eighteenth century and of the Revolution was the Rome of the Senate, but it was also that of the legion; it was the Rome of the Forum, but it was also that of the camps. Up to the empire, the Roman reference transmitted, somewhat ambiguously, the juridical ideal of citizenship and the technique of disciplinary methods. In any case, the strictly disciplinary element in the ancient fable used by the Jesuit colleges came to dominate the element of joust and mock warfare. Gradually – but especially after 1762 – the educational space unfolds; the class becomes homogeneous, it is no longer made up of individual elements arranged side by side under the master's eye. In the eighteenth century, 'rank' begins to define the great form of distribution of individuals in the educational order: rows or ranks of pupils in the class, corridors, courtyards; rank attributed to each pupil at the end of each task and each examination; the rank he



obtains from week to week, month to month, year to year; an alignment of age groups, one after another; a succession of subjects taught and questions treated, according to an order of increasing difficulty. And, in this ensemble of compulsory alignments, each pupil, according to his age, his performance, his behaviour, occupies sometimes one rank, sometimes another; he moves constantly over a series of compartments – some of these are ‘ideal’ compartments, marking a hierarchy of knowledge or ability, others express the distribution of values or merits in material terms in the space of the college or classroom. It is a perpetual movement in which individuals replace one another in a space marked off by aligned intervals.

The organization of a serial space was one of the great technical mutations of elementary education. It made it possible to supersede the traditional system (a pupil working for a few minutes with the master, while the rest of the heterogeneous group remained idle and unattended). By assigning individual places it made possible the supervision of each individual and the simultaneous work of all. It organized a new economy of the time of apprenticeship. It made the educational space function like a learning machine, but also as a machine for supervising, hierarchizing, rewarding. Jean-Baptiste de La Salle dreamt of a classroom in which the spatial distribution might provide a whole series of distinctions at once: according to the pupils’ progress, worth, character, application, cleanliness and parents’ fortune. Thus, the classroom would form a single great table, with many different entries, under the scrupulously ‘classificatory’ eye of the master: ‘In every class there will be places assigned for all the pupils of all the lessons, so that all those attending the same lesson will always occupy the same place. Pupils attending the highest lessons will be placed in the benches closest to the wall, followed by the others according to the order of the lessons moving towards the middle of the classroom. . . Each of the pupils will have his place assigned to him and none of them will leave it or change it except on the order or with the consent of the school inspector.’ Things must be so arranged that ‘those whose parents are neglectful and verminous must be separated from those who are careful and clean; that an unruly and frivolous pupil should be placed between two who are well behaved and serious, a libertine either alone or between two pious pupils’.<sup>3</sup>

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In organizing 'cells', 'places' and 'ranks', the disciplines create complex spaces that are at once architectural, functional and hierarchical. It is spaces that provide fixed positions and permit circulation; they carve out individual segments and establish operational links; they mark places and indicate values; they guarantee the obedience of individuals, but also a better economy of time and gesture. They are mixed spaces: real because they govern the disposition of buildings, rooms, furniture, but also ideal, because they are projected over this arrangement of characterizations, assessments, hierarchies. The first of the great operations of discipline is, therefore, the constitution of '*tableaux vivants*', which transform the confused, useless or dangerous multitudes into ordered multiplicities. The drawing up of 'tables' was one of the great problems of the scientific, political and economic technology of the eighteenth century: how one was to arrange botanical and zoological gardens, and construct at the same time rational classifications of living beings; how one was to observe, supervise, regularize the circulation of commodities and money and thus build up an economic table that might serve as the principle of the increase of wealth; how one was to inspect men, observe their presence and absence and constitute a general and permanent register of the armed forces; how one was to distribute patients, separate them from one another, divide up the hospital space and make a systematic classification of diseases: these were all twin operations in which the two elements – distribution and analysis, supervision and intelligibility – are inextricably bound up. In the eighteenth century, the table was both a technique of power and a procedure of knowledge. It was a question of organizing the multiple, of providing oneself with an instrument to cover it and to master it; it was a question of imposing upon it an 'order'. Like the army general of whom Guibert spoke, the naturalist, the physician, the economist was 'blinded by the immensity, dazed by the multitude . . . the innumerable combinations that result from the multiplicity of objects, so many concerns together form a burden above his strength. In perfecting itself, in approaching true principles, the science of modern warfare might become simpler and less difficult'; armies 'with simple, similar tactics, capable of being adapted to every movement . . . would be easier to move and lead' (Guibert, xxxvi). Tactics, the spatial ordering of men; taxonomy,

the disciplinary space of natural beings; the economic table, the regulated movement of wealth.

But the table does not have the same function in these different registers. In the order of the economy, it makes possible the measurement of quantities and the analysis of movements. In the form of taxonomy, it has the function of characterizing (and consequently reducing individual singularities) and constituting classes (and therefore of excluding considerations of number). But in the form of the disciplinary distribution, on the other hand, the table has the function of treating multiplicity itself, distributing it and deriving from it as many effects as possible. Whereas natural taxonomy is situated on the axis that links character and category, disciplinary tactics is situated on the axis that links the singular and the multiple. It allows both the characterization of the individual as individual and the ordering of a given multiplicity. It is the first condition for the control and use of an ensemble of distinct elements: the base for a micro-physics of what might be called a 'cellular' power.

### *The control of activity*

1. The *time-table* is an old inheritance. The strict model was no doubt suggested by the monastic communities. It soon spread. Its three great methods – establish rhythms, impose particular occupations, regulate the cycles of repetition – were soon to be found in schools, workshops and hospitals. The new disciplines had no difficulty in taking up their place in the old forms; the schools and poor-houses extended the life and the regularity of the monastic communities to which they were often attached. The rigours of the industrial period long retained a religious air; in the seventeenth century, the regulations of the great manufactories laid down the exercises that would divide up the working day: 'On arrival in the morning, before beginning their work, all persons shall wash their hands, offer up their work to God and make the sign of the cross' (Saint-Maur, article 1); but even in the nineteenth century, when the rural populations were needed in industry, they were sometimes formed into 'congregations', in an attempt to inure them to work in the workshops; the framework of the 'factory-monastery' was

imposed upon the workers. In the Protestant armies of Maurice of Orange and Gustavus Adolphus, military discipline was achieved through a rhythmic of time punctuated by pious exercises; army life, Boussanelle was later to say, should have some of the 'perfections of the cloister itself' (Boussanelle, 2; on the religious character of discipline in the Swedish army, cf. *The Swedish Discipline*, London, 1632). For centuries, the religious orders had been masters of discipline: they were the specialists of time, the great technicians of rhythm and regular activities. But the disciplines altered these methods of temporal regulation from which they derived. They altered them first by refining them. One began to count in quarter hours, in minutes, in seconds. This happened in the army, of course: Guibert systematically implemented the chronometric measurement of shooting that had been suggested earlier by Vauban. In the elementary schools, the division of time became increasingly minute; activities were governed in detail by orders that had to be obeyed immediately: 'At the last stroke of the hour, a pupil will ring the bell, and at the first sound of the bell all the pupils will kneel, with their arms crossed and their eyes lowered. When the prayer has been said, the teacher will strike the signal once to indicate that the pupils should get up, a second time as a sign that they should salute Christ, and a third that they should sit down' (La Salle, *Conduite . . .*, 27-8). In the early nineteenth century, the following time-table was suggested for the *Écoles mutuelles*, or 'mutual improvement schools': 8.45 entrance of the monitor, 8.52 the monitor's summons, 8.56 entrance of the children and prayer, 9.00 the children go to their benches, 9.04 first slate, 9.08 end of dictation, 9.12 second slate, etc. (Tronchot, 221). The gradual extension of the wage-earning class brought with it a more detailed partitioning of time: 'If workers arrive later than a quarter of an hour after the ringing of the bell . . .' (Amboise, article 2); 'if any one of the companions is asked for during work and loses more than five minutes . . .', 'anyone who is not at his work at the correct time . . .' (Oppenheim, article 7-8). But an attempt is also made to assure the quality of the time used: constant supervision, the pressure of supervisors, the elimination of anything that might disturb or distract; it is a question of constituting a totally useful time: 'It is expressly forbidden during work to amuse one's companions by gestures or in any other way, to play

at any game whatsoever, to eat, to sleep, to tell stories and comedies' (Oppenheim, article 16); and even during the meal-break, 'there will be no telling of stories, adventures or other such talk that distracts the workers from their work'; 'it is expressly forbidden for any worker, under any pretext, to bring wine into the manufactory and to drink in the workshops' (*Amboise*, article 4). Time measured and paid must also be a time without impurities or defects; a time of good quality, throughout which the body is constantly applied to its exercise. Precision and application are, with regularity, the fundamental virtues of disciplinary time. But this is not the newest thing about it. Other methods are more characteristic of the disciplines.

2. *The temporal elaboration of the act.* There are, for example, two ways of controlling marching troops. In the early seventeenth century, we have: 'Accustomed soldiers marching in file or in battalion to march to the rhythm of the drum. And to do this, one must begin with the right foot so that the whole troop raises the same foot at the same time' (Montgommery, 86). In the mid-eighteenth century, there are four sorts of steps: 'The length of the the short step will be a foot, that of the ordinary step, the double step and the marching step will be two feet, the whole measured from one heel to the next; as for the duration, that of the small step and the ordinary step will last one second, during which two double steps would be performed; the duration of the marching step will be a little longer than one second. The oblique step will take one second; it will be at most eighteen inches from one heel to the next. . . . The ordinary step will be executed forwards, holding the head up high and the body erect, holding oneself in balance successively on a single leg, and bringing the other forwards, the ham taut, the point of the foot a little turned outwards and low, so that one may without affectation brush the ground on which one must walk and place one's foot, in such a way that each part may come to rest there at the same time without striking the ground' ('Ordonnance du 1<sup>er</sup> janvier 1766, pour régler l'exercice de l'infanterie'). Between these two instructions, a new set of restraints had been brought into play, another degree of precision in the breakdown of gestures and movements, another way of adjusting the body to temporal imperatives.

What the ordinance of 1766 defines is not a time-table – the general framework for an activity; it is rather a collective and

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obligatory rhythm, imposed from the outside; it is a 'programme'; it assures the elaboration of the act itself; it controls its development and its stages from the inside. We have passed from a form of injunction that measured or punctuated gestures to a web that constrains them or sustains them throughout their entire succession. A sort of anatomo-chronological schema of behaviour is defined. The act is broken down into its elements; the position of the body, limbs, articulations is defined; to each movement are assigned a direction, an aptitude, a duration; their order of succession is prescribed. Time penetrates the body and with it all the meticulous controls of power.

3. Hence *the correlation of the body and the gesture*. Disciplinary control does not consist simply in teaching or imposing a series of particular gestures; it imposes the best relation between a gesture and the overall position of the body, which is its condition of efficiency and speed. In the correct use of the body, which makes possible a correct use of time, nothing must remain idle or useless: everything must be called upon to form the support of the act required. A well-disciplined body forms the operational context of the slightest gesture. Good handwriting, for example, presupposes a gymnastics – a whole routine whose rigorous code invests the body in its entirety, from the points of the feet to the tip of the index finger. The pupils must always 'hold their bodies erect, somewhat turned and free on the left side, slightly inclined, so that, with the elbow placed on the table, the chin can be rested upon the hand, unless this were to interfere with the view; the left leg must be somewhat more forward under the table than the right. A distance of two fingers must be left between the body and the table; for not only does one write with more alertness, but nothing is more harmful to the health than to acquire the habit of pressing one's stomach against the table; the part of the left arm from the elbow to the hand must be placed on the table. The right arm must be at a distance from the body of about three fingers and be about five fingers from the table, on which it must rest lightly. The teacher will place the pupils in the posture that they should maintain when writing, and will correct it either by sign or otherwise, when they change this position' (La Salle, *Conduite . . .*, 63-4). A disciplined body is the prerequisite of an efficient gesture.

4. *The body-object articulation*. Discipline defines each of the

relations that the body must have with the object that it manipulates. Between them, it outlines a meticulous meshing. 'Bring the weapon forward. In three stages. Raise the rifle with the right hand, bringing it close to the body so as to hold it perpendicular with the right knee, the end of the barrel at eye level, grasping it by striking it with the right hand, the arm held close to the body at waist height. At the second stage, bring the rifle in front of you with the left hand, the barrel in the middle between the two eyes, vertical, the right hand grasping it at the small of the butt, the arm outstretched, the trigger-guard resting on the first finger, the left hand at the height of the notch, the thumb lying along the barrel against the moulding. At the third stage, let go of the rifle with the left hand, which falls along the thigh, raising the rifle with the right hand, the lock outwards and opposite the chest, the right arm half flexed, the elbow close to the body, the thumb lying against the lock, resting against the first screw, the hammer resting on the first finger, the barrel perpendicular' ('Ordonnance du 1<sup>er</sup> janvier 1766 . . . , titre XI, article 2'). This is an example of what might be called the instrumental coding of the body. It consists of a breakdown of the total gesture into two parallel series: that of the parts of the body to be used (right hand, left hand, different fingers of the hand, knee, eye, elbow, etc.) and that of the parts of the object manipulated (barrel, notch, hammer, screw, etc.); then the two sets of parts are correlated together according to a number of simple gestures (rest, bend); lastly, it fixes the canonical succession in which each of these correlations occupies a particular place. This obligatory syntax is what the military theoreticians of the eighteenth century called '*manoeuvre*'. The traditional recipe gives place to explicit and obligatory prescriptions. Over the whole surface of contact between the body and the object it handles, power is introduced, fastening them to one another. It constitutes a body-weapon, body-tool, body-machine complex. One is as far as possible from those forms of subjection that demanded of the body only signs or products, forms of expression or the result of labour. The regulation imposed by power is at the same time the law of construction of the operation. Thus disciplinary power appears to have the function not so much of deduction as of synthesis, not so much of exploitation of the product as of coercive link with the apparatus of production.

5. *Exhaustive use.* The principle that underlay the time-table in its traditional form was essentially negative; it was the principle of non-idleness: it was forbidden to waste time, which was counted by God and paid for by men; the time-table was to eliminate the danger of wasting it – a moral offence and economic dishonesty. Discipline, on the other hand, arranges a positive economy; it poses the principle of a theoretically ever-growing use of time: exhaustion rather than use; it is a question of extracting, from time, ever more available moments and, from each moment, ever more useful forces. This means that one must seek to intensify the use of the slightest moment, as if time, in its very fragmentation, were inexhaustible or as if, at least by an ever more detailed internal arrangement, one could tend towards an ideal point at which one maintained maximum speed and maximum efficiency. It was precisely this that was implemented in the celebrated regulations of the Prussian infantry that the whole of Europe imitated after the victories of Frederick II:<sup>4</sup> the more time is broken down, the more its subdivisions multiply, the better one disarticulates it by deploying its internal elements under a gaze that supervises them, the more one can accelerate an operation, or at least regulate it according to an optimum speed; hence this regulation of the time of an action that was so important in the army and which was to be so throughout the entire technology of human activity: the Prussian regulations of 1743 laid down six stages to bring the weapon to one's foot, four to extend it, thirteen to raise it to the shoulder, etc. By other means, the 'mutual improvement school' was also arranged as a machine to intensify the use of time; its organization made it possible to obviate the linear, successive character of the master's teaching: it regulated the counterpoint of operations performed, at the same moment, by different groups of pupils under the direction of monitors and assistants, so that each passing moment was filled with many different, but ordered activities; and, on the other hand, the rhythm imposed by signals, whistles, orders imposed on everyone temporal norms that were intended both to accelerate the process of learning and to teach speed as a virtue;<sup>5</sup> 'the sole aim of these commands . . . is to accustom the children to executing well and quickly the same operations, to diminish as far as possible by speed the loss of time caused by moving from one operation to another' (Bernard).



Through this technique of subjection a new object was being formed; slowly, it superseded the mechanical body – the body composed of solids and assigned movements, the image of which had for so long haunted those who dreamt of disciplinary perfection. This new object is the natural body, the bearer of forces and the seat of duration; it is the body susceptible to specified operations, which have their order, their stages, their internal conditions, their constituent elements. In becoming the target for new mechanisms of power, the body is offered up to new forms of knowledge. It is the body of exercise, rather than of speculative physics; a body manipulated by authority, rather than imbued with animal spirits; a body of useful training and not of rational mechanics, but one in which, by virtue of that very fact, a number of natural requirements and functional constraints are beginning to emerge. This is the body that Guibert discovered in his critique of excessively artificial movements. In the exercise that is imposed upon it and which it resists, the body brings out its essential correlations and spontaneously rejects the incompatible: ‘On entering most of our training schools, one sees all those unfortunate soldiers in constricting and forced attitudes, one sees all their muscles contracted, the circulation of their blood interrupted. . . If we studied the intention of nature and the construction of the human body, we would find the position and the bearing that nature clearly prescribes for the soldier. The head must be erect, standing out from the shoulders, sitting perpendicularly between them. It must be turned neither to left nor to right, because, in view of the correspondence between the vertebrae of the neck and the shoulder-blade to which they are attached, none of them may move in a circular manner without slightly bringing with it from the same side that it moves one of the shoulders and because, the body no longer being placed squarely, the soldier can no longer walk straight in front of him or serve as a point of alignment. . . Since the hip-bone, which the ordinance indicates as the point against which the butt end should rest, is not situated the same in all men, the rifle must be placed more to the right for some, and more to the left for others. For the same reason of inequality of structure, the trigger-guard is more or less pressed against the body, depending on whether the outer parts of a man’s shoulder is more or less fleshy’ (Guibert, 21–2).

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We have seen how the procedures of disciplinary distribution had their place among the contemporary techniques of classification and tabulation; but also how they introduced into them the specific problem of individuals and multiplicity. Similarly, the disciplinary controls of activity belonged to a whole series of researches, theoretical or practical, into the natural machinery of bodies; but they began to discover in them specific processes; behaviour and its organized requirements gradually replaced the simple physics of movement. The body, required to be docile in its minutest operations, opposes and shows the conditions of functioning proper to an organism. Disciplinary power has as its correlative an individuality that is not only analytical and 'cellular', but also natural and 'organic'.

### *The organization of geneses*

In 1667, the edict that set up the manufactory of the Gobelins envisaged the organization of a school. Sixty scholarship children were to be chosen by the superintendent of royal buildings, entrusted for a time to a master whose task it would be to provide them with 'upbringing and instruction', then apprenticed to the various master tapestry makers of the manufactory (who by virtue of this fact received compensation deducted from the pupils' scholarships); after six years' apprenticeship, four years of service and a qualifying examination, they were given the right to 'set up and run a shop' in any town of the kingdom. We find here the characteristics of guild apprenticeship: the relation of dependence on the master that is both individual and total; the statutory duration of the training, which is concluded by a qualifying examination, but which is not broken down according to a precise programme; an overall exchange between the master who must give his knowledge and the apprentice who must offer his services, his assistance and often some payment. The form of domestic service is mixed with a transference of knowledge.<sup>6</sup> In 1737, an edict organized a school of drawing for the apprentices of the Gobelins; it was not intended to replace the training given by the master workers, but to complement it. It involved a quite different arrangement of time. Two hours a day, except on Sundays and feast days, the pupils met in the school. A

roll-call was taken, from a list on the wall; the absentees were noted down in a register. The school was divided into three classes. The first for those who had no notion of drawing; they were made to copy models, which were more or less difficult according to the abilities of each pupil. The second 'for those who already have some principles', or who had passed through the first class; they had to reproduce pictures 'at sight, without tracing', but considering only the drawing. In the third class, they learnt colouring and pastel drawing, and were introduced to the theory and practice of dyeing. The pupils performed individual tasks at regular intervals; each of these exercises, signed with the name of its author and date of execution, was handed in to the teacher; the best were rewarded; assembled together at the end of the year and compared, they made it possible to establish the progress, the present ability and the relative place of each pupil; it was then decided which of them could pass into the next class. A general book, kept by the teachers and their assistants, recorded from day to day the behaviour of the pupils and everything that happened in the school; it was periodically shown to an inspector (Gerspach, 1892).

The Gobelins school is only one example of an important phenomenon: the development, in the classical period, of a new technique for taking charge of the time of individual existences; for regulating the relations of time, bodies and forces; for assuring an accumulation of duration; and for turning to ever-increased profit or use the movement of passing time. How can one capitalize the time of individuals, accumulate it in each of them, in their bodies, in their forces or in their abilities, in a way that is susceptible of use and control? How can one organize profitable durations? The disciplines, which analyse space, break up and rearrange activities, must also be understood as machinery for adding up and capitalizing time. This was done in four ways, which emerge most clearly in military organization.

1. Divide duration into successive or parallel segments, each of which must end at a specific time. For example, isolate the period of training and the period of practice; do not mix the instruction of recruits and the exercise of veterans; open separate military schools for the armed service (in 1764, the creation of the *École Militaire* in Paris, in 1776 the creation of twelve schools in the provinces);

recruit professional soldiers at the youngest possible age, take children, 'have them adopted by the nation, and brought up in special schools' (Servan, J., 456); teach in turn posture, marching, the handling of weapons, shooting, and do not pass to another activity until the first has been completely mastered: 'One of the principal mistakes is to show a soldier every exercise at once' ('Règlement de 1743 . . .'); in short, break down time into separate and adjusted threads. 2. Organize these threads according to an analytical plan – successions of elements as simple as possible, combining according to increasing complexity. This presupposes that instruction should abandon the principle of analogical repetition. In the sixteenth century, military exercise consisted above all in copying all or part of the action, and of generally increasing the soldier's skill or strength;<sup>7</sup> in the eighteenth century, the instruction of the 'manual' followed the principle of the 'elementary' and not of the 'exemplary': simple gestures – the position of the fingers, the bend of the leg, the movement of the arms – basic elements for useful actions that also provide a general training in strength, skill, docility. 3. Finalize these temporal segments, decide on how long each will last and conclude it with an examination, which will have the triple function of showing whether the subject has reached the level required, of guaranteeing that each subject undergoes the same apprenticeship and of differentiating the abilities of each individual. When the sergeants, corporals, etc. 'entrusted with the task of instructing the others, are of the opinion that a particular soldier is ready to pass into the first class, they will present him first to the officers of their company, who will carefully examine him; if they do not find him sufficiently practised, they will refuse to admit him; if, on the other hand, the man presented seems to them to be ready, the said officers will themselves propose him to the commanding officer of the regiment, who will see him if he thinks it necessary, and will have him examined by the senior officers. The slightest mistakes will be enough to have him rejected, and no one will be able to pass from the second class to the first until he has undergone this first examination' (*Instruction par l'exercice de l'infanterie*, 14 mai 1754). 4. Draw up series of series; lay down for each individual, according to his level, his seniority, his rank, the exercises that are suited to him; common exercises have a differing role and each

difference involves specific exercises. At the end of each series, others begin, branch off and subdivide in turn. Thus each individual is caught up in a temporal series which specifically defines his level or his rank. It is a disciplinary polyphony of exercises: 'Soldiers of the second class will be exercised every morning by sergeants, corporals, *anspessades*, lance-corporals. . . The lance-corporals will be exercised every Sunday by the head of the section . . .; the corporals and *anspessades* will be exercised every Tuesday afternoon by the sergeants and their company and these in turn on the afternoons of every second, twelfth and twenty-second day of each month by senior officers' (*Instruction* . . .).

It is this disciplinary time that was gradually imposed on pedagogical practice – specializing the time of training and detaching it from the adult time, from the time of mastery; arranging different stages, separated from one another by graded examinations; drawing up programmes, each of which must take place during a particular stage and which involves exercises of increasing difficulty; qualifying individuals according to the way in which they progress through these series. For the 'initiatory' time of traditional training (an overall time, supervised by the master alone, authorized by a single examination), disciplinary time had substituted its multiple and progressive series. A whole analytical pedagogy was being formed, meticulous in its detail (it broke down the subject being taught into its simplest elements, it hierarchized each stage of development into small steps) and also very precocious in its history (it largely anticipated the genetic analyses of the *idéologues*, whose technical model it appears to have been). At the beginning of the eighteenth century, Demia suggested a division of the process of learning to read into seven levels: the first for those who are beginning to learn the letters, the second for those who are learning to spell, the third for those who are learning to join syllables together to make words, the fourth for those who are reading Latin in sentences or from punctuation to punctuation, the fifth for those who are beginning to read French, the sixth for the best readers, the seventh for those who can read manuscripts. But, where there are a great many pupils, further subdivisions would have to be introduced; the first class would comprise four streams: one for those who are learning the 'simple letters'; a second for those who are learning the 'mixed' letters; a

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third for those who are learning the abbreviated letters (*á, é . . .*); a fourth for those who are learning the double letters (*ff, ss, tt, st*). The second class would be divided into three streams: for those who 'count each letter aloud before spelling the syllable, *D.O., DO*'; for those 'who spell the most difficult syllables, such as *bant, brand, spinx*', etc. (Demia, 19–20). Each stage in the combinatorial of elements must be inscribed within a great temporal series, which is both a natural progress of the mind and a code for educative procedures.

The 'seriation' of successive activities makes possible a whole investment of duration by power: the possibility of a detailed control and a regular intervention (of differentiation, correction, punishment, elimination) in each moment of time; the possibility of characterizing, and therefore of using individuals according to the level in the series that they are moving through; the possibility of accumulating time and activity, of rediscovering them, totalized and usable in a final result, which is the ultimate capacity of an individual. Temporal dispersal is brought together to produce a profit, thus mastering a duration that would otherwise elude one's grasp. Power is articulated directly onto time; it assures its control and guarantees its use.

The disciplinary methods reveal a linear time whose moments are integrated, one upon another, and which is orientated towards a terminal, stable point; in short, an 'evolutive' time. But it must be recalled that, at the same moment, the administrative and economic techniques of control reveal a social time of a serial, orientated, cumulative type: the discovery of an evolution in terms of 'progress'. The disciplinary techniques reveal individual series: the discovery of an evolution in terms of 'genesis'. These two great 'discoveries' of the eighteenth century – the progress of societies and the geneses of individuals – were perhaps correlative with the new techniques of power, and more specifically, with a new way of administering time and making it useful, by segmentation, seriation, synthesis and totalization. A macro- and a micro-physics of power made possible, not the invention of history (it had long had no need of that), but the integration of a temporal, unitary, continuous, cumulative dimension in the exercise of controls and the practice of dominations. 'Evolutive' historicity, as it was then constituted – and so profoundly that it is still self-evident for many today – is bound up with a mode

of functioning of power. No doubt it is as if the 'history-remembering' of the chronicles, genealogies, exploits, reigns and deeds had long been linked to a modality of power. With the new techniques of subjection, the 'dynamics' of continuous evolutions tends to replace the 'dynastics' of solemn events.

In any case, the small temporal continuum of individuality-genesis certainly seems to be, like the individuality-cell or the individuality-organism, an effect and an object of discipline. And, at the centre of this seriation of time, one finds a procedure that is, for it, what the drawing up of 'tables' was for the distribution of individuals and cellular segmentation, or, again, what '*manoeuvre*' was for the economy of activities and organic control. This procedure is 'exercise'. Exercise is that technique by which one imposes on the body tasks that are both repetitive and different, but always graduated. By bending behaviour towards a terminal state, exercise makes possible a perpetual characterization of the individual either in relation to this term, in relation to other individuals, or in relation to a type of itinerary. It thus assures, in the form of continuity and constraint, a growth, an observation, a qualification. Before adopting this strictly disciplinary form, exercise had a long history: it is to be found in military, religious and university practices either as initiation ritual, preparatory ceremony, theatrical rehearsal or examination. Its linear, continuously progressive organization, its genetic development in time were, at least in the army and the school, introduced at a later date – and were no doubt of religious origin. In any case, the idea of an educational 'programme' that would follow the child to the end of his schooling and which would involve from year to year, month to month, exercises of increasing complexity, first appeared, it seems, in a religious group, the Brothers of the Common Life (cf. Meir, 160 ff). Strongly inspired by Ruysbroek and Rhenish mysticism, they transposed certain of the spiritual techniques to education – and to the education not only of clerks, but also of magistrates and merchants: the theme of a perfection towards which the exemplary master guides the pupil became with them that of an authoritarian perfection of the pupils by the teacher; the ever-increasing rigorous exercises that the ascetic life proposed became tasks of increasing complexity that marked the gradual acquisition of knowledge and good behaviour; the striving

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of the whole community towards salvation became the collective, permanent competition of individuals being classified in relation to one another. Perhaps it was these procedures of community life and salvation that were the first nucleus of methods intended to produce individually characterized, but collectively useful aptitudes.<sup>8</sup> In its mystical or ascetic form, exercise was a way of ordering earthly time for the conquest of salvation. It was gradually, in the history of the West, to change direction while preserving certain of its characteristics; it served to economize the time of life, to accumulate it in a useful form and to exercise power over men through the mediation of time arranged in this way. Exercise, having become an element in the political technology of the body and of duration, does not culminate in a beyond, but tends towards a subjection that has never reached its limit.

### *The composition of forces*

'Let us begin by destroying the old prejudice, according to which one believed one was increasing the strength of a troop by increasing its depth. All the physical laws of movement become chimeras when one wishes to adapt them to tactics.'<sup>9</sup> From the end of the seventeenth century, the technical problem of infantry had been freed from the physical model of mass. In an army of pikes and muskets – slow, imprecise, practically incapable of selecting a target and taking aim – troops were used as a projectile, a wall or a fortress: 'the formidable infantry of the army of Spain'; the distribution of soldiers in this mass was carried out above all according to their seniority and their bravery; at the centre, with the task of providing weight and volume, of giving density to the body, were the least experienced; in front, at the angles and on the flanks, were the bravest or reputedly most skilful soldiers. In the course of the classical period, one passed over to a whole set of delicate articulations. The unit – regiment, battalion, section and, later, 'division'<sup>10</sup> – became a sort of machine with many parts, moving in relation to one another, in order to arrive at a configuration and to obtain a specific result. What were the reasons for this mutation? Some were economic: to make each individual useful and the training, maintenance, and arming of troops profitable; to give to each soldier, a precious unit,



maximum efficiency. But these economic reasons could become determinant only with a technical transformation: the invention of the rifle:<sup>11</sup> more accurate, more rapid than the musket, it gave greater value to the soldier's skill; more capable of reaching a particular target, it made it possible to exploit fire-power at an individual level; and, conversely, it turned every soldier into a possible target, requiring by the same token greater mobility; it involved therefore the disappearance of a technique of masses in favour of an art that distributed units and men along extended, relatively flexible, mobile lines. Hence the need to find a whole calculated practice of individual and collective dispositions, movements of groups or isolated elements, changes of position, of movement from one disposition to another; in short, the need to invent a machinery whose principle would no longer be the mobile or immobile mass, but a geometry of divisible segments whose basic unity was the mobile soldier with his rifle;<sup>12</sup> and, no doubt, below the soldier himself, the minimal gestures, the elementary stages of actions, the fragments of spaces occupied or traversed.

The same problems arose when it was a question of constituting a productive force whose effect had to be superior to the sum of elementary forces that composed it: 'The combined working-day produces, relatively to an equal sum of working-days, a greater quantity of use-values, and, consequently, diminishes the labour-time necessary for the production of a given useful effect. Whether the combined working-day, in a given case, acquires this increased productive power, because it heightens the mechanical force of labour, or extends its sphere of action over a greater space, or contracts the field of production relatively to the scale of production, or at the critical moment sets large masses of labour to work . . . the special productive power of the combined working-day is, under all circumstances, the social productive power of labour, or the productive power of social labour. This power is due to cooperation itself' (Marx, *Capital*, vol. 1, 311-12). On several occasions, Marx stresses the analogy between the problems of the division of labour and those of military tactics. For example: 'Just as the offensive power of a squadron of cavalry, or the defensive power of a regiment of infantry, is essentially different from the sum of the offensive or defensive powers of the individual cavalry or infantry

soldiers taken separately, so the sum total of the mechanical forces exerted by isolated workmen differs from the social force that is developed, when many hands take part simultaneously in one and the same undivided operation' (Marx, *Capital*, vol. 1, 308).

Thus a new demand appears to which discipline must respond: to construct a machine whose effect will be maximized by the concerted articulation of the elementary parts of which it is composed. Discipline is no longer simply an art of distributing bodies, of extracting time from them and accumulating it, but of composing forces in order to obtain an efficient machine. This demand is expressed in several ways.

1. The individual body becomes an element that may be placed, moved, articulated on others. Its bravery or its strength are no longer the principal variables that define it; but the place it occupies, the interval it covers, the regularity, the good order according to which it operates its movements. The soldier is above all a fragment of mobile space, before he is courage or honour. Guibert describes the soldier in the following way: 'When he is under arms, he occupies two feet along his greatest diameter, that is to say, taking him from one end to the other, and about one foot in his greatest thickness taken from the chest to the shoulders, to which one must add an interval of a foot between him and the next man; this gives two feet in all directions per soldier and indicates that a troop of infantry in battle occupies, either in its front or in its depth, as many steps as it has ranks' (Guibert, 27). This is a functional reduction of the body. But it is also an insertion of this body-segment in a whole ensemble over which it is articulated. The soldier whose body has been trained to function part by part for particular operations must in turn form an element in a mechanism at another level. The soldiers will be instructed first 'one by one, then two by two, then in greater numbers. . . For the handling of weapons, one will ascertain that, when the soldiers have been separately instructed, they will carry it out two by two, and then change places alternately, so that the one on the left may learn to adapt himself to the one on the right' ('Ordonnance . . .'). The body is constituted as a part of a multi-segmentary machine.

2. The various chronological series that discipline must combine to form a composite time are also pieces of machinery. The time of

each must be adjusted to the time of the others in such a way that the maximum quantity of forces may be extracted from each and combined with the optimum result. Thus Servan dreamt of a military machine that would cover the whole territory of the nation and in which each individual would be occupied without interruption but in a different way according to the evolutive segment, the genetic sequence in which he finds himself. Military life would begin in childhood, when young children would be taught the profession of arms in 'military manors'; it would end in these same manors when the veterans, right up to their last day, would teach the children, exercise the recruits, preside over the soldiers' exercises, supervise them when they were carrying out works in the public interest, and finally make order reign in the country, when the troops were fighting at the frontiers. There is not a single moment of life from which one cannot extract forces, providing one knows how to differentiate it and combine it with others. Similarly, one uses the labour of children and of old people in the great workshops; this is because they have certain elementary capacities for which it is not necessary to use workers who have many other aptitudes; furthermore, they constitute a cheap labour force; lastly, if they work, they are no longer at anyone's charge: 'Labouring mankind', said a tax collector of an enterprise at Angers, 'may find in this manufactory, from the age of ten to old age, resources against idleness and the penury that follows from it' (Marchegay, 360). But it was probably in primary education that this adjustment of different chronologies was to be carried out with most subtlety. From the seventeenth century to the introduction, at the beginning of the nineteenth, of the Lancaster method, the complex clockwork of the mutual improvement school was built up cog by cog: first the oldest pupils were entrusted with tasks involving simple supervision, then of checking work, then of teaching; in the end, all the time of all the pupils was occupied either with teaching or with being taught. The school became a machine for learning, in which each pupil, each level and each moment, if correctly combined, were permanently utilized in the general process of teaching. One of the great advocates of the mutual improvement schools gives us some idea of this progress: 'In a school of 360 children, the master who would like to instruct each pupil in turn for a session of three hours would not be able to give half a minute

to each. By the new method, each of the 360 pupils writes, reads or counts for two and a half hours' (cf. Bernard).

3. This carefully measured combination of forces requires a precise system of command. All the activity of the disciplined individual must be punctuated and sustained by injunctions whose efficacy rests on brevity and clarity; the order does not need to be explained or formulated; it must trigger off the required behaviour and that is enough. From the master of discipline to him who is subjected to it the relation is one of signalization: it is a question not of understanding the injunction but of perceiving the signal and reacting to it immediately, according to a more or less artificial, prearranged code. Place the bodies in a little world of signals to each of which is attached a single, obligatory response: it is a technique of training, of *dressage*, that 'despotically excludes in everything the least representation, and the smallest murmur'; the disciplined soldier 'begins to obey whatever he is ordered to do; his obedience is prompt and blind; an appearance of indocility, the least delay would be a crime' (Boussanelle, 2). The training of school-children was to be carried out in the same way: few words, no explanation, a total silence interrupted only by signals – bells, clapping of hands, gestures, a mere glance from the teacher, or that little wooden apparatus used by the Brothers of the Christian Schools; it was called *par excellence* the 'Signal' and it contained in its mechanical brevity both the technique of command and the morality of obedience. 'The first and principal use of the signal is to attract at once the attention of all the pupils to the teacher and to make them attentive to what he wishes to impart to them. Thus, whenever he wishes to attract the attention of the children, and to bring the exercise to an end, he will strike the signal once. Whenever a good pupil hears the noise of the signal, he will imagine that he is hearing the voice of the teacher or rather the voice of God himself calling him by his name. He will then partake of the feelings of the young Samuel, saying with him in the depths of his soul: "Lord, I am here." ' The pupil will have to have learnt the code of the signals and respond automatically to them. 'When prayer has been said, the teacher will strike the signal at once and, turning to the child whom he wishes to read, he will make the sign to begin. To make a sign to stop to a pupil who is reading, he will strike the signal

once. . . To make a sign to a pupil to repeat when he has read badly or mispronounced a letter, a syllable or a word, he will strike the signal twice in rapid succession. If, after the sign had been made two or three times, the pupil who is reading does not find and repeat the word that he has badly read or mispronounced – because he has read several words beyond it before being called to order – the teacher will strike three times in rapid succession, as a sign to him to begin to read farther back; and he will continue to make the sign till the pupil finds the word which he has said incorrectly' (La Salle, *Conduite* . . . 137–8; cf. also Demia, 21). The mutual improvement school was to exploit still further this control of behaviour by the system of signals to which one had to react immediately. Even verbal orders were to function as elements of signalization: 'Enter your benches. At the word *enter*, the children bring their right hands down on the table with a resounding thud and at the same time put one leg into the bench; at the words *your benches* they put the other leg in and sit down opposite their slates . . . *Take your slates*. At the word *take*, the children, with their right hands, take hold of the string by which the slate is suspended from the nail before them, and, with their left hands, they grasp the slate in the middle; at the word *slates*, they unhook it and place it on the table'.<sup>13</sup>

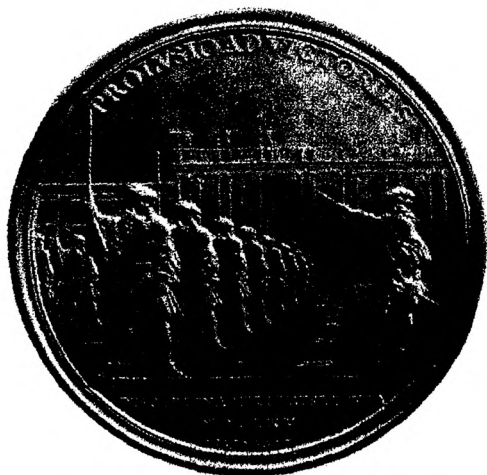
To sum up, it might be said that discipline creates out of the bodies it controls four types of individuality, or rather an individuality that is endowed with four characteristics: it is cellular (by the play of spatial distribution), it is organic (by the coding of activities), it is genetic (by the accumulation of time), it is combinatory (by the composition of forces). And, in doing so, it operates four great techniques: it draws up tables; it prescribes movements; it imposes exercises; lastly, in order to obtain the combination of forces, it arranges 'tactics'. Tactics, the art of constructing, with located bodies, coded activities and trained aptitudes, mechanisms in which the product of the various forces is increased by their calculated combination are no doubt the highest form of disciplinary practice. In this knowledge, the eighteenth-century theoreticians saw the general foundation of all military practice, from the control and exercise of individual bodies to the use of forces specific to the most complex multiplicities. The architecture, anatomy, mechanics, economy of the disciplinary body: 'In the eyes of most soldiers,

tactics are only a branch of the vast science of war; for me, they are the base of this science; they are this science itself, because they teach how to constitute troops, order them, move them, get them to fight; because tactics alone may make up for numbers, and handle the multitude; lastly, it will include knowledge of men, weapons, tensions, circumstances, because it is all these kinds of knowledge brought together that must determine those movements' (Guibert, 4). Or again: 'The term tactics . . . gives some idea of the respective position of the men who make up a particular troop in relation to that of the different troops that make up an army, their movements and their actions, their relations with one another' (Joly de Maizeroy, 2).

It may be that war as strategy is a continuation of politics. But it must not be forgotten that 'politics' has been conceived as a continuation, if not exactly and directly of war, at least of the military model as a fundamental means of preventing civil disorder. Politics, as a technique of internal peace and order, sought to implement the mechanism of the perfect army, of the disciplined mass, of the docile, useful troop, of the regiment in camp and in the field, on manoeuvres and on exercises. In the great eighteenth-century states, the army guaranteed civil peace no doubt because it was a real force, an ever-threatening sword, but also because it was a technique and a body of knowledge that could project their schema over the social body. If there is a politics-war series that passes through strategy, there is an army-politics series that passes through tactics. It is strategy that makes it possible to understand warfare as a way of conducting politics between states; it is tactics that makes it possible to understand the army as a principle for maintaining the absence of warfare in civil society. The classical age saw the birth of the great political and military strategy by which nations confronted each other's economic and demographic forces; but it also saw the birth of meticulous military and political tactics by which the control of bodies and individual forces was exercised within states. The '*militaire*' – the military institution, military science, the *militaire* himself, so different from what was formerly characterized by the term '*homme de guerre*' – was specified, during this period, at the point of junction between war and the noise of battle on the one hand, and order and silence, subservient to peace, on the other.

Historians of ideas usually attribute the dream of a perfect society to the philosophers and jurists of the eighteenth century; but there was also a military dream of society; its fundamental reference was not to the state of nature, but to the meticulously subordinated cogs of a machine, not to the primal social contract, but to permanent coercions, not to fundamental rights, but to indefinitely progressive forms of training, not to the general will but to automatic docility.

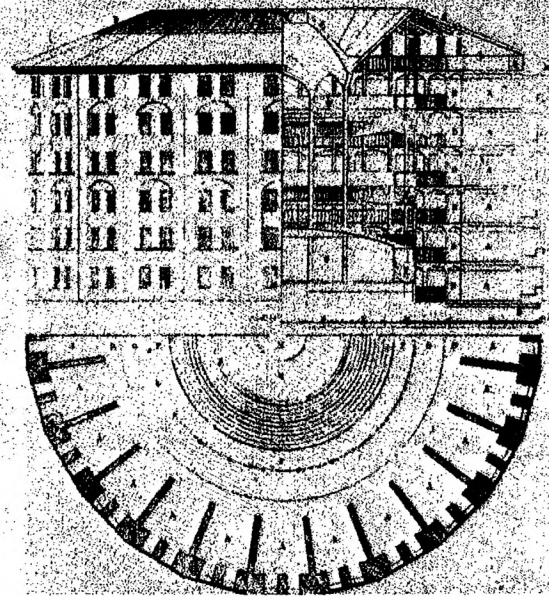
'Discipline must be made national,' said Guibert. 'The state that I depict will have a simple, reliable, easily controlled administration. It will resemble those huge machines, which by quite uncomplicated means produce great effects; the strength of this state will spring from its own strength, its prosperity from its own prosperity. Time, which destroys all, will increase its power. It will disprove that vulgar prejudice by which we are made to imagine that empires are subjected to an imperious law of decline and ruin' (Guibert, xxiii-xxiv; cf. what Marx says about the army and forms of bourgeois society in his letter to Engels, 25 September 1857). The Napoleonic régime was not far off and with it the form of state that was to survive it and, we must not forget, the foundations of which were laid not only by jurists, but also by soldiers, not only councillors of state, but also junior officers, not only the men of the courts, but also the men of the camps. The Roman reference that accompanied this formation certainly bears with it this double index: citizens and legionaries, law and manoeuvres. While jurists or philosophers were seeking in the pact a primal model for the construction or reconstruction of the social body, the soldiers and with them the technicians of discipline were elaborating procedures for the individual and collective coercion of bodies.



- 1 Medal commemorating Louis XIV's first military review in 1668 (B.N. Cabinet des médailles). Cf. p. 188.
- 2 Handwriting model (Collections historiques de l'I.N.R.D.P.). Cf. p. 152.



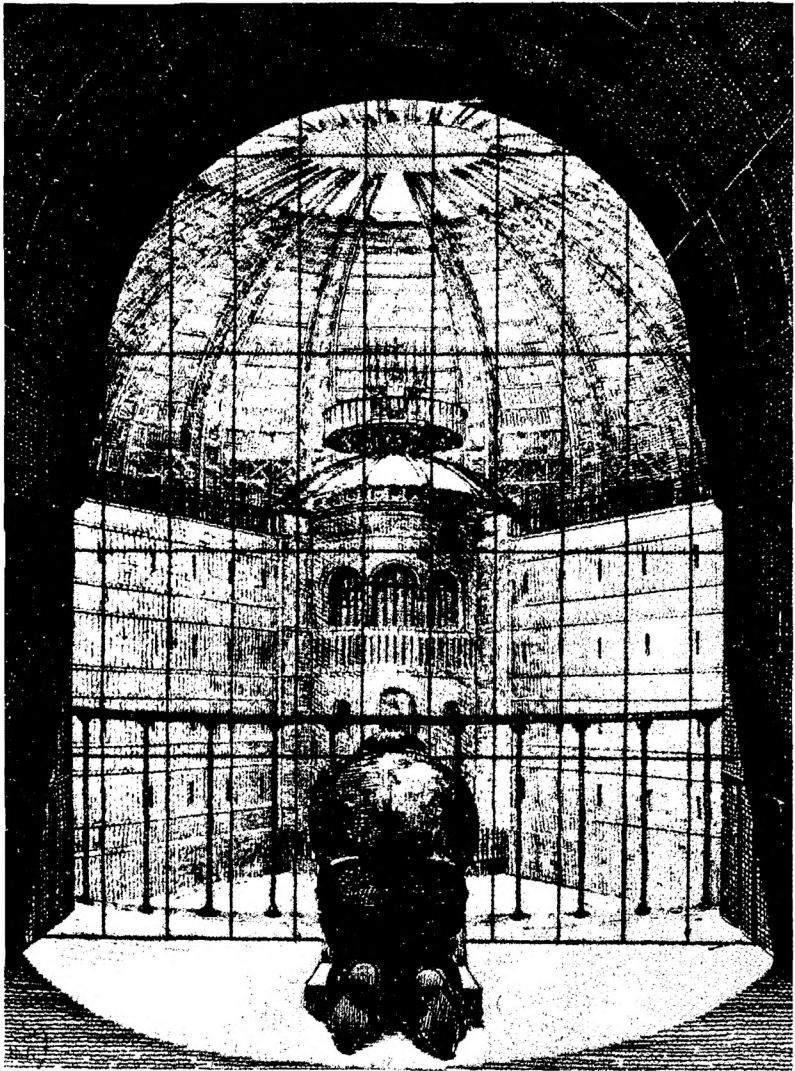
A General Idea of PANOPTICON, as now improved, and as it shall be improved, in the  
 in the Panopticon at the University of Oxford, (being the 1st and 2d of the 17th)



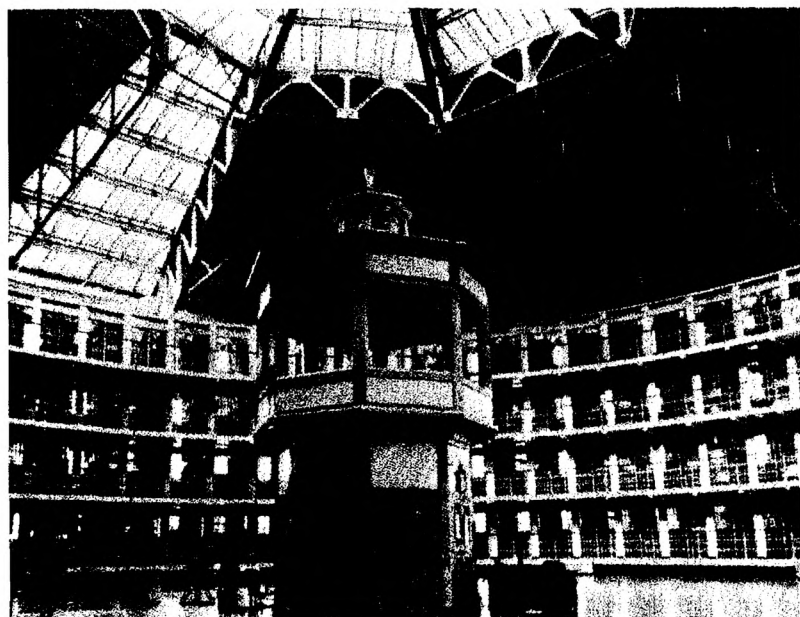
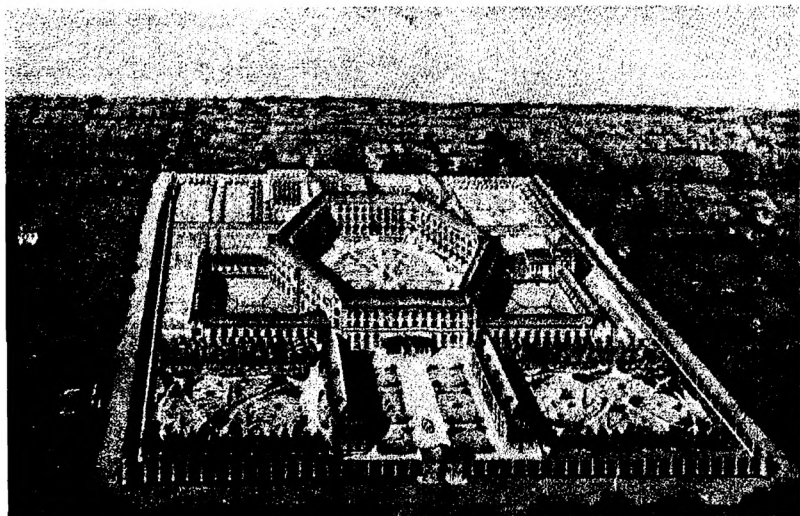
EXPLANATION

- A. The Cells
- B. The Hall
- C. The Chapel
- D. The Kitchen
- E. The Storehouse
- F. The Office
- G. The Entrance
- H. The Passage
- I. The Staircase
- J. The Roof
- K. The Windows
- L. The Doors
- M. The Walls
- N. The Foundations
- O. The Ground
- P. The Surrounding Wall
- Q. The Gate
- R. The Rampart
- S. The Bastion
- T. The Cannon
- U. The Magazine
- V. The Guardhouse
- W. The Barracks
- X. The Quarters
- Y. The Chapel
- Z. The Chapel
- aa. The Chapel
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- ooo. The Chapel
- ppp. The Chapel
- qqq. The Chapel
- rrr. The Chapel
- sss. The Chapel
- ttt. The Chapel
- uuu. The Chapel
- vvv. The Chapel
- www. The Chapel
- xxx. The Chapel
- yyy. The Chapel
- zzz. The Chapel

3 J. Bentham. Plan of the Panopticon (*The Works of Jeremy Bentham*, ed. Bowring, vol. IV, 1843, 172-3). Cf. p. 201.



4 N. Harou-Romain. Plan for a penitentiary, 1840. A prisoner, in his cell, kneeling at prayer before the central inspection tower. Cf. p. 250.



5 The Maison centrale at Rennes in 1877. Cf. p. 250.

6 Interior of the penitentiary at Stateville, United States, twentieth century. Cf. p. 250.

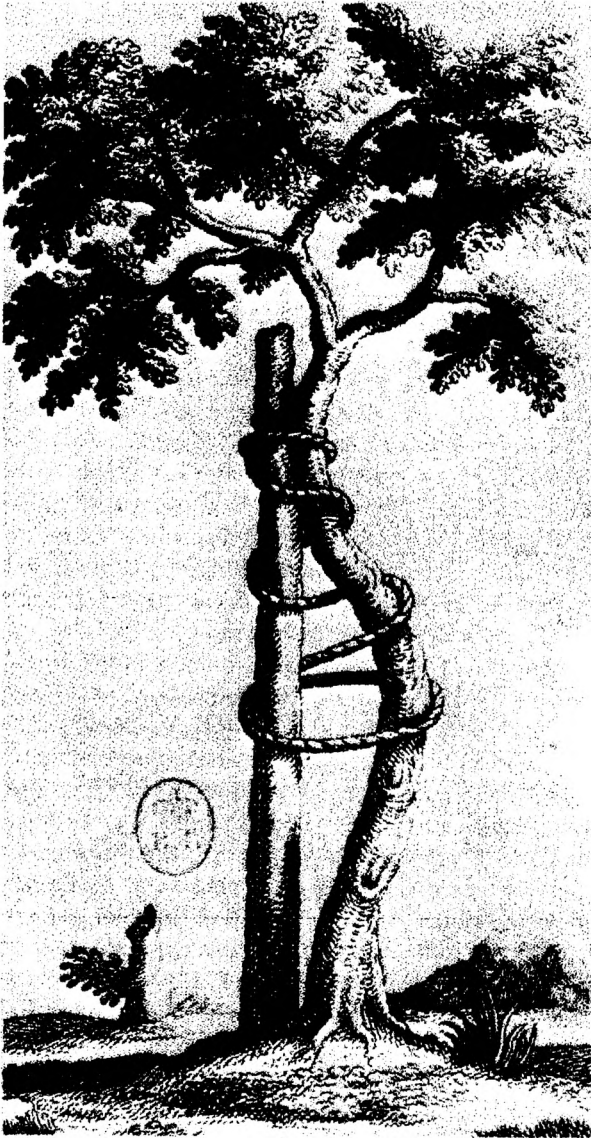


7 Bedtime at the reformatory of Mettray. Cf. p. 294.



8 Lecture on the evils of alcoholism in the auditorium of Fresnes prison.





10 N. Andry, *L'orthopédie ou l'art de prévenir et de corriger dans les enfants les difformités du corps* (Orthopaedics or the art of preventing and correcting deformities of the body in children), 1749.

## 2. The means of correct training

At the beginning of the seventeenth century, Walhausen spoke of 'strict discipline' as an art of correct training. The chief function of the disciplinary power is to 'train', rather than to select and to levy; or, no doubt, to train in order to levy and select all the more. It does not link forces together in order to reduce them; it seeks to bind them together in such a way as to multiply and use them. Instead of bending all its subjects into a single uniform mass, it separates, analyses, differentiates, carries its procedures of decomposition to the point of necessary and sufficient single units. It 'trains' the moving, confused, useless multitudes of bodies and forces into a multiplicity of individual elements -- small, separate cells, organic autonomies, genetic identities and continuities, combinatory segments. Discipline 'makes' individuals; it is the specific technique of a power that regards individuals both as objects and as instruments of its exercise. It is not a triumphant power, which because of its own excess can pride itself on its omnipotence; it is a modest, suspicious power, which functions as a calculated, but permanent economy. These are humble modalities, minor procedures, as compared with the majestic rituals of sovereignty or the great apparatuses of the state. And it is precisely they that were gradually to invade the major forms, altering their mechanisms and imposing their procedures. The legal apparatus was not to escape this scarcely secret invasion. The success of disciplinary power derives no doubt from the use of simple instruments; hierarchical observation, normalizing judgement and their combination in a procedure that is specific to it, the examination.

### *Hierarchical observation*

The exercise of discipline presupposes a mechanism that coerces by means of observation; an apparatus in which the techniques that



make it possible to see induce effects of power, and in which, conversely, the means of coercion make those on whom they are applied clearly visible. Slowly, in the course of the classical age, we see the construction of those 'observatories' of human multiplicity for which the history of the sciences has so little good to say. Side by side with the major technology of the telescope, the lens and the light beam, which were an integral part of the new physics and cosmology, there were the minor techniques of multiple and intersecting observations, of eyes that must see without being seen; using techniques of subjection and methods of exploitation, an obscure art of light and the visible was secretly preparing a new knowledge of man.

These 'observatories' had an almost ideal model: the military camp – the short-lived, artificial city, built and reshaped almost at will; the seat of a power that must be all the stronger, but also all the more discreet, all the more effective and on the alert in that it is exercised over armed men. In the perfect camp, all power would be exercised solely through exact observation; each gaze would form a part of the overall functioning of power. The old, traditional square plan was considerably refined in innumerable new projects. The geometry of the paths, the number and distribution of the tents, the orientation of their entrances, the disposition of files and ranks were exactly defined; the network of gazes that supervised one another was laid down: 'In the parade ground, five lines are drawn up, the first is sixteen feet from the second; the others are eight feet from one another; and the last is eight feet from the arms dépôts. The arms dépôts are ten feet from the tents of the junior officers, immediately opposite the first tentpole. A company street is fifty-one feet wide. . . All tents are two feet from one another. The tents of the subalterns are opposite the alleys of their companies. The rear tentpole is eight feet from the last soldiers' tent and the gate is opposite the captains' tent. . . The captains' tents are erected opposite the streets of their companies. The entrance is opposite the companies themselves.'<sup>1</sup> The camp is the diagram of a power that acts by means of general visibility. For a long time this model of the camp or at least its underlying principle was found in urban development, in the construction of working-class housing estates, hospitals, asylums, prisons, schools: the spatial 'nesting' of hierarchized

surveillance. The principle was one of 'embedding' ('*encastrement*'). The camp was to the rather shameful art of surveillance what the dark room was to the great science of optics.

A whole problematic then develops: that of an architecture that is no longer built simply to be seen (as with the ostentation of palaces), or to observe the external space (cf. the geometry of fortresses), but to permit an internal, articulated and detailed control – to render visible those who are inside it; in more general terms, an architecture that would operate to transform individuals: to act on those it shelters, to provide a hold on their conduct, to carry the effects of power right to them, to make it possible to know them, to alter them. Stones can make people docile and knowable. The old simple schema of confinement and enclosure – thick walls, a heavy gate that prevents entering or leaving – began to be replaced by the calculation of openings, of filled and empty spaces, passages and transparencies. In this way the hospital building was gradually organized as an instrument of medical action: it was to allow a better observation of patients, and therefore a better calibration of their treatment; the form of the buildings, by the careful separation of the patients, was to prevent contagions; lastly, the ventilation and the air that circulated around each bed was to prevent the deleterious vapours from stagnating around the patient, breaking down his humours and spreading the disease by their immediate effects. The hospital – which was to be built in the second half of the century and for which so many plans were drawn up after the *Hôtel-Dieu* was burnt down for the second time – was no longer simply the roof under which penury and imminent death took shelter; it was, in its very materiality, a therapeutic operator.

Similarly, the school building was to be a mechanism for training. It was as a pedagogical machine that *Pâris-Duverney* conceived the *École Militaire*, right down to the minute details that he had imposed on the architect, *Gabriel*. Train vigorous bodies, the imperative of health; obtain competent officers, the imperative of qualification; create obedient soldiers, the imperative of politics; prevent debauchery and homosexuality, the imperative of morality. A fourfold reason for establishing sealed compartments between individuals, but also apertures for continuous surveillance. The very building of the *École* was to be an apparatus for observation; the rooms were

distributed along a corridor like a series of small cells; at regular intervals, an officer's quarters were situated, so that 'every ten pupils had an officer on each side'; the pupils were confined to their cells throughout the night; and Pâris had insisted that 'a window be placed on the corridor wall of each room from chest-level to within one or two feet of the ceiling. Not only is it pleasant to have such windows, but one would venture to say that it is useful, in several respects, not to mention the disciplinary reasons that may determine this arrangement' (quoted in Lulan, 117-18). In the dining-rooms was 'a slightly raised platform for the tables of the inspectors of studies, so that they may see all the tables of the pupils of their divisions during meals'; latrines had been installed with half-doors, so that the supervisor on duty could see the head and legs of the pupils, and also with side walls sufficiently high 'that those inside cannot see one another'.<sup>2</sup> This infinitely scrupulous concern with surveillance is expressed in the architecture by innumerable petty mechanisms. These mechanisms can only be seen as unimportant if one forgets the role of this instrumentation, minor but flawless, in the progressive objectification and the ever more subtle partitioning of individual behaviour. The disciplinary institutions secreted a machinery of control that functioned like a microscope of conduct; the fine, analytical divisions that they created formed around men an apparatus of observation, recording and training. How was one to subdivide the gaze in these observation machines? How was one to establish a network of communications between them? How was one so to arrange things that a homogeneous, continuous power would result from their calculated multiplicity?

The perfect disciplinary apparatus would make it possible for a single gaze to see everything constantly. A central point would be both the source of light illuminating everything, and a locus of convergence for everything that must be known: a perfect eye that nothing would escape and a centre towards which all gazes would be turned. This is what Ledoux had imagined when he built Arc-et-Senans; all the buildings were to be arranged in a circle, opening on the inside, at the centre of which a high construction was to house the administrative functions of management, the policing functions of surveillance, the economic functions of control and checking, the religious functions of encouraging obedience and work; from here

all orders would come, all activities would be recorded, all offences perceived and judged; and this would be done immediately with no other aid than an exact geometry. Among all the reasons for the prestige that was accorded in the second half of the eighteenth century, to circular architecture, one must no doubt include the fact that it expressed a certain political utopia.

But, the disciplinary gaze did, in fact, need relays. The pyramid was able to fulfil, more efficiently than the circle, two requirements: to be complete enough to form an uninterrupted network – consequently the possibility of multiplying its levels, and of distributing them over the entire surface to be supervised; and yet to be discreet enough not to weigh down with an inert mass on the activity to be disciplined, and not to act as a brake or an obstacle to it; to be integrated into the disciplinary mechanism as a function that increases its possible effects. It had to be broken down into smaller elements, but in order to increase its productive function: specify the surveillance and make it functional.

This was the problem of the great workshops and factories, in which a new type of surveillance was organized. It was different from the one practised in the régimes of the manufactories, which had been carried out from the outside by inspectors, entrusted with the task of applying the regulations; what was now needed was an intense, continuous supervision; it ran right through the labour process; it did not bear – or not only – on production (the nature and quantity of raw materials, the type of instruments used, the dimensions and quality of the products); it also took into account the activity of the men, their skill, the way they set about their tasks, their promptness, their zeal, their behaviour. But it was also different from the domestic supervision of the master present beside his workers and apprentices; for it was carried out by clerks, supervisors and foremen. As the machinery of production became larger and more complex, as the number of workers and the division of labour increased, supervision became ever more necessary and more difficult. It became a special function, which had nevertheless to form an integral part of the production process, to run parallel to it throughout its entire length. A specialized personnel became indispensable, constantly present and distinct from the workers: 'In the large factory, everything is regulated by the clock. The workers are

treated strictly and harshly. The clerks, who are used to treating them with an air of superiority and command, which is really necessary with the multitude, treat them with severity or contempt; hence these workers either cost more or leave the factory soon after arrival' (*Encyclopédie*, article on 'Manufacture'). But, although the workers preferred a framework of a guild type to this new régime of surveillance, the employers saw that it was indissociable from the system of industrial production, private property and profit. At the scale of a factory, a great iron-works or a mine, 'the objects of expenditure are so multiplied, that the slightest dishonesty on each object would add up to an immense fraud, which would not only absorb the profits, but would lead to a loss of capital . . . the slightest incompetence, if left unnoticed and therefore repeated each day, may prove fatal to the enterprise to the extent of destroying it in a very short time'; hence the fact that only agents, directly dependent on the owner, and entrusted with this task alone would be able to see 'that not a sou is spent uselessly, that not a moment of the day is lost'; their role would be 'to supervise the workers, to inspect all the places of work; to inform the directors of everything that takes place' (Cournol). Surveillance thus becomes a decisive economic operator both as an internal part of the production machinery and as a specific mechanism in the disciplinary power. 'The work of directing, superintending and adjusting becomes one of the functions of capital, from the moment that the labour under the control of capital, becomes cooperative. Once a function of capital, it requires special characteristics' (Marx, *Capital*, vol. 1, 313).

The same movement was to be found in the reorganization of elementary teaching: the details of surveillance were specified and it was integrated into the teaching relationship. The development of the parish schools, the increase in the number of their pupils, the absence of methods for regulating simultaneously the activity of a whole class, and the disorder and confusion that followed from this made it necessary to work out a system of supervision. In order to help the teacher, Batencour selected from among the best pupils a whole series of 'officers' – intendants, observers, monitors, tutors, reciters of prayers, writing officers, receivers of ink, almoners and visitors. The roles thus defined were of two kinds: the first involved material tasks (distributing ink and paper, giving alms to the poor,

## Discipline

reading spiritual texts on feast days, etc.); the second involved surveillance: the 'observers must record who left his bench, who was talking, who did not have his rosary, or Book of Hours, who did not comport himself properly at mass, who committed an impure act, who indulged in idle talk or was unruly in the street'; the 'admonitors' were placed in charge of those 'who talk or hum when studying their lessons and those who will not write and who waste their time in play'; the 'visitors' called on the families of pupils who had been absent or who had committed serious offences. The 'intendants' supervised all the other officers. Only the 'tutors' had a pedagogical role: their task was to teach the pupils reading, two by two, in low tones (M.I.D.B., 68-83). A few decades later, Demia favoured a hierarchy of the same type but almost all the functions of surveillance were duplicated by a pedagogical role: an assistant teacher taught the holding of the pen, guided the pupil's hand, corrected mistakes and at the same time 'marked down trouble-makers'; another assistant teacher had the same tasks in the reading class; the intendant who supervised the other officers and was in charge of behaviour in general also had the task of 'initiating newcomers into the customs of the school'; the decurions got the pupils to recite their lessons and 'marked down' those who did not know them.<sup>3</sup> We have here a sketch of an institution of the 'mutual' type in which three procedures are integrated into a single mechanism: teaching proper, the acquisition of knowledge by the very practice of the pedagogical activity and a reciprocal, hierarchized observation. A relation of surveillance, defined and regulated, is inscribed at the heart of the practice of teaching, not as an additional or adjacent part, but as a mechanism that is inherent to it and which increases its efficiency.

Hierarchized, continuous and functional surveillance may not be one of the great technical 'inventions' of the eighteenth century, but its insidious extension owed its importance to the mechanisms of power that it brought with it. By means of such surveillance, disciplinary power became an 'integrated' system, linked from the inside to the economy and to the aims of the mechanism in which it was practised. It was also organized as a multiple, automatic and anonymous power; for although surveillance rests on individuals, its functioning is that of a network of relations from top to bottom, but also to a certain extent from bottom to top and laterally; this

network 'holds' the whole together and traverses it in its entirety with effects of power that derive from one another: supervisors, perpetually supervised. The power in the hierarchized surveillance of the disciplines is not possessed as a thing, or transferred as a property; it functions like a piece of machinery. And, although it is true that its pyramidal organization gives it a 'head', it is the apparatus as a whole that produces 'power' and distributes individuals in this permanent and continuous field. This enables the disciplinary power to be both absolutely indiscreet, since it is everywhere and always alert, since by its very principle it leaves no zone of shade and constantly supervises the very individuals who are entrusted with the task of supervising; and absolutely 'discreet', for it functions permanently and largely in silence. Discipline makes possible the operation of a relational power that sustains itself by its own mechanism and which, for the spectacle of public events, substitutes the uninterrupted play of calculated gazes. Thanks to the techniques of surveillance, the 'physics' of power, the hold over the body, operate according to the laws of optics and mechanics, according to a whole play of spaces, lines, screens, beams, degrees and without recourse, in principle at least, to excess, force or violence. It is a power that seems all the less 'corporal' in that it is more subtly 'physical'.

*Normalizing judgement*

1. At the orphanage of the Chevalier Paulet, the sessions of the tribunal that met each morning gave rise to a whole ceremonial: 'We found all the pupils drawn up as if for battle, in perfect alignment, immobility and silence. The major, a young gentleman of sixteen years, stood outside the ranks, sword in hand; at his command, the troop broke ranks at the double and formed a circle. The council met in the centre; each officer made a report of his troop for the preceding twenty-four hours. The accused were allowed to defend themselves; witnesses were heard; the council deliberated and, when agreement was reached, the major announced the number of guilty, the nature of the offences and the punishments ordered. The troop then marched off in the greatest order' (Pictet). At the heart of all disciplinary systems functions a small penal mechanism.

## Discipline

It enjoys a kind of judicial privilege with its own laws, its specific offences, its particular forms of judgement. The disciplines established an 'infra-penalty'; they partitioned an area that the laws had left empty; they defined and repressed a mass of behaviour that the relative indifference of the great systems of punishment had allowed to escape. 'On entering, the companions will greet one another . . . on leaving, they must lock up the materials and tools that they have been using and also make sure that their lamps are extinguished'; 'it is expressly forbidden to amuse companions by gestures or in any other way'; they must 'comport themselves honestly and decently'; anyone who is absent for more than five minutes without warning M. Oppenheim will be 'marked down for a half-day'; and in order to be sure that nothing is forgotten in this meticulous criminal justice, it is forbidden to do 'anything that may harm M. Oppenheim and his companions' (Oppenheim, 29 September 1809). The workshop, the school, the army were subject to a whole micro-penalty of time (latenesses, absences, interruptions of tasks), of activity (inattention, negligence, lack of zeal), of behaviour (impoliteness, disobedience), of speech (idle chatter, insolence), of the body ('incorrect' attitudes, irregular gestures, lack of cleanliness), of sexuality (impurity, indecency). At the same time, by way of punishment, a whole series of subtle procedures was used, from light physical punishment to minor deprivations and petty humiliations. It was a question both of making the slightest departures from correct behaviour subject to punishment, and of giving a punitive function to the apparently indifferent elements of the disciplinary apparatus: so that, if necessary, everything might serve to punish the slightest thing; each subject find himself caught in a punishable, punishing universality. 'By the word punishment, one must understand everything that is capable of making children feel the offence they have committed, everything that is capable of humiliating them, of confusing them: . . . a certain coldness, a certain indifference, a question, a humiliation, a removal from office' (La Salle, *Conduite* . . ., 204-5).

2. But discipline brought with it a specific way of punishing that was not only a small-scale model of the court. What is specific to the disciplinary penalty is non-observance, that which does not measure up to the rule, that departs from it. The whole indefinite



domain of the non-conforming is punishable: the soldier commits an 'offence' whenever he does not reach the level required; a pupil's 'offence' is not only a minor infraction, but also an inability to carry out his tasks. The regulations for the Prussian infantry ordered that a soldier who had not correctly learnt to handle his rifle should be treated with the 'greatest severity'. Similarly, 'when a pupil has not retained the catechism from the previous day, he must be forced to learn it, without making any mistake, and repeat it the following day; either he will be forced to hear it standing or kneeling, his hands joined, or he will be given some other penance'.

The order that the disciplinary punishments must enforce is of a mixed nature: it is an 'artificial' order, explicitly laid down by a law, a programme, a set of regulations. But it is also an order defined by natural and observable processes: the duration of an apprenticeship, the time taken to perform an exercise, the level of aptitude refer to a regularity that is also a rule. The children of the Christian Schools must never be placed in a 'lesson' of which they are not yet capable, for this would expose them to the danger of being unable to learn anything; yet the duration of each stage is fixed by regulation and a pupil who at the end of three examinations has been unable to pass into the higher order must be placed, well in evidence, on the bench of the 'ignorant'. In a disciplinary régime punishment involves a double juridico-natural reference.

3. Disciplinary punishment has the function of reducing gaps. It must therefore be essentially *corrective*. In addition to punishments borrowed directly from the judicial model (fines, flogging, solitary confinement), the disciplinary systems favour punishments that are exercise – intensified, multiplied forms of training, several times repeated: the regulations of 1766 for the infantry laid down that lance-corporals 'who show some negligence or lack of willingness will be reduced to the rank of private', and they will be able to rise to their former rank only after new exercises and a new examination. As Jean-Baptiste de La Salle put it: 'Of all penances, impositions are the most honest for a teacher, the most advantageous for the parents'; they make it possible to 'derive, from the very offences of the children, means of advancing their progress by correcting their defects'; to those, for example, 'who have not written all that they were supposed to write or who have not applied

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themselves to doing it well, one can give some impositions to write out or to learn by heart' (La Salle, *Conduite . . .*, 205). Disciplinary punishment is, in the main, isomorphic with obligation itself; it is not so much the vengeance of an outraged law as its repetition, its reduplicated insistence. So much so that the corrective effect expected of it involves only incidentally expiation and repentance; it is obtained directly through the mechanics of a training. To punish is to exercise.

4. In discipline, punishment is only one element of a double system: gratification-punishment. And it is this system that operates in the process of training and correction. The teacher 'must avoid, as far as possible, the use of punishment; on the contrary, he must endeavour to make rewards more frequent than penalties, the lazy being more encouraged by the desire to be rewarded in the same way as the diligent than by the fear of punishment; that is why it will be very beneficial, when the teacher is obliged to use punishment, to win the heart of the child if he can before doing so' (Demia, 17). This mechanism with two elements makes possible a number of operations characteristic of disciplinary penalty. First, the definition of behaviour and performance on the basis of the two opposed values of good and evil; instead of the simple division of the prohibition, as practised in penal justice, we have a distribution between a positive pole and a negative pole; all behaviour falls in the field between good and bad marks, good and bad points. Moreover, it is possible to quantify this field and work out an arithmetical economy based on it. A penal accountancy, constantly brought up to date, makes it possible to obtain the punitive balance-sheet of each individual. School 'justice', rudiments of which are to be found in the army and the workshops, carried this system very far. The Brothers of the Christian Schools organized a whole micro-economy of privileges and impositions: 'Privileges may be used by pupils to gain exemption from penances which have been imposed on them. . . For example, a pupil may have been given four or six catechism questions to copy out as an imposition; he will be able to gain exemption from this penance by accumulating a certain number of privilege points; the teacher will assign the number for each question. . . Since privileges are worth a certain number of points, the teacher also has others of less value, which serve as small change

for the first. For example, a child has an imposition from which he can redeem himself with six points; he earns a privilege of ten; he presents it to the teacher who gives him back four points, and so on' (La Salle, *Conduite . . .*, 156ff). What we have here is a transposition of the system of indulgences. And by the play of this quantification, this circulation of awards and debits, thanks to the continuous calculation of plus and minus points, the disciplinary apparatuses hierarchized the 'good' and the 'bad' subjects in relation to one another. Through this micro-economy of a perpetual penalty operates a differentiation that is not one of acts, but of individuals themselves, of their nature, their potentialities, their level or their value. By assessing acts with precision, discipline judges individuals 'in truth'; the penalty that it implements is integrated into the cycle of knowledge of individuals.

5. The distribution according to ranks or grade has a double role: it marks the gaps, hierarchizes qualities, skills and aptitudes; but it also punishes and rewards. It is the penal functioning of setting in order and the ordinal character of judging. Discipline rewards simply by the play of awards, thus making it possible to attain higher ranks and places; it punishes by reversing this process. Rank in itself serves as a reward or punishment. At the *École Militaire*, a complex system of 'honorary' classification was developed; this classification was visible to all in the form of slight variations in uniform and more or less noble or ignoble punishments were associated, as a mark of privilege or infamy, with the ranks thus distributed. This classificatory, penal distribution was carried out at short intervals by the reports that the officers, teachers and their assistants made, without consideration of age or grade, on 'the moral qualities of the pupils' and on 'their universally recognized behaviour'. The first class, known as the 'very good', were distinguished by a silver epaulette; they enjoyed the honour of being treated as 'purely military troops'; they therefore had a right to military punishment (arrests and, in serious cases, imprisonment). The second class, 'the good', wore an epaulette of red silk and silver; they could be arrested and condemned to prison, but also to the cage and to kneeling. The class of '*médiocres*', had the right to an epaulette of red wool; to the preceding penalties was added, if necessary, the wearing of sackcloth. The last class, that of the 'bad', was marked by

an epaulette of brown wool; 'the pupils of this class will be subjected to all the punishments used in the Hôtel or all those that are thought necessary, even solitary confinement in a dark dungeon'. To this was added, for a time, the 'shameful' class, for which special regulations were drawn up 'so that those who belonged to it would always be separated from the others and would be dressed in sackcloth'. Since merit and behaviour alone must decide the place of the pupil, 'those of the last two classes would be able to flatter themselves that they would be able to rise to the first two and bear its marks, when, by universal agreement, they will be recognized as having made themselves worthy of it by the change in their conduct and by their progress; and those of the top classes will similarly descend into the others if they become slack and if the various reports taken together are to their disadvantage and show that they no longer deserve the rewards and prerogatives of the higher classes. . .' The penal classification should tend to disappear. The 'shameful' class existed only to disappear: 'In order to judge the kind of conversion undergone by pupils of the shameful class who behave well', they were reintroduced into the other classes, and given back their uniforms; but they would remain with their comrades in infamy during meals and recreation; they would remain there if they did not continue to behave well; they 'would leave it absolutely, if their conduct was considered satisfactory both in this class and in this division' (Archives nationales, MM 658, 30 March 1758 and MM 666, 15 September 1763). This hierarchizing penalty had, therefore, a double effect: it distributed pupils according to their aptitudes and their conduct, that is, according to the use that could be made of them when they left the school; it exercised over them a constant pressure to conform to the same model, so that they might all be subjected to 'subordination, docility, attention in studies and exercises, and to the correct practice of duties and all the parts of discipline'. So that they might all be like one another.

In short, the art of punishing, in the régime of disciplinary power, is aimed neither at expiation, nor even precisely at repression. It brings five quite distinct operations into play: it refers individual actions to a whole that is at once a field of comparison, a space of differentiation and the principle of a rule to be followed. It differentiates individuals from one another, in terms of the following overall

rule: that the rule be made to function as a minimal threshold, as an average to be respected or as an optimum towards which one must move. It measures in quantitative terms and hierarchizes in terms of value the abilities, the level, the 'nature' of individuals. It introduces, through this 'value-giving' measure, the constraint of a conformity that must be achieved. Lastly, it traces the limit that will define difference in relation to all other differences, the external frontier of the abnormal (the 'shameful' class of the *École Militaire*). The perpetual penalty that traverses all points and supervises every instant in the disciplinary institutions compares, differentiates, hierarchizes, homogenizes, excludes. In short, it *normalizes*.

It is opposed, therefore, term by term, to a judicial penalty whose essential function is to refer, not to a set of observable phenomena, but to a corpus of laws and texts that must be remembered; that operates not by differentiating individuals, but by specifying acts according to a number of general categories; not by hierarchizing, but quite simply by bringing into play the binary opposition of the permitted and the forbidden; not by homogenizing, but by operating the division, acquired once and for all, of condemnation. The disciplinary mechanisms secreted a 'penalty of the norm', which is irreducible in its principles and functioning to the traditional penalty of the law. The minor court that seems to sit permanently in the buildings of discipline, and which sometimes assumes the theatrical form of the great legal apparatus, must not mislead us: it does not bring, except for a few formal remnants, the mechanisms of criminal justice to the web of everyday existence; or at least that is not its essential role; the disciplines created – drawing on a whole series of very ancient procedures – a new functioning of punishment, and it was this that gradually invested the great external apparatus that it seemed to reproduce in either a modest or an ironic way. The juridico-anthropological functioning revealed in the whole history of modern penalty did not originate in the superimposition of the human sciences on criminal justice and in the requirements proper to this new rationality or to the humanism that it appeared to bring with it; it originated in the disciplinary technique that operated these new mechanisms of normalizing judgement.

The power of the Norm appears through the disciplines. Is this the new law of modern society? Let us say rather that, since the eighteenth century, it has joined other powers – the Law, the Word (*Parole*) and the Text, Tradition – imposing new delimitations upon them. The Normal is established as a principle of coercion in teaching with the introduction of a standardized education and the establishment of the *écoles normales* (teachers' training colleges); it is established in the effort to organize a national medical profession and a hospital system capable of operating general norms of health; it is established in the standardization of industrial processes and products (on this topic, one should refer to the important contribution of Canguilhem, 171–91). Like surveillance and with it, normalization becomes one of the great instruments of power at the end of the classical age. For the marks that once indicated status, privilege and affiliation were increasingly replaced – or at least supplemented – by a whole range of degrees of normality indicating membership of a homogeneous social body but also playing a part in classification, hierarchization and the distribution of rank. In a sense, the power of normalization imposes homogeneity; but it individualizes by making it possible to measure gaps, to determine levels, to fix specialities and to render the differences useful by fitting them one to another. It is easy to understand how the power of the norm functions within a system of formal equality, since within a homogeneity that is the rule, the norm introduces, as a useful imperative and as a result of measurement, all the shading of individual differences.

### *The examination*

The examination combines the techniques of an observing hierarchy and those of a normalizing judgement. It is a normalizing gaze, a surveillance that makes it possible to qualify, to classify and to punish. It establishes over individuals a visibility through which one differentiates them and judges them. That is why, in all the mechanisms of discipline, the examination is highly ritualized. In it are combined the ceremony of power and the form of the experiment, the deployment of force and the establishment of truth. At the heart of the procedures of discipline, it manifests the subjection of

those who are perceived as objects and the objectification of those who are subjected. The superimposition of the power relations and knowledge relations assumes in the examination all its visible brilliance. It is yet another innovation of the classical age that the historians of science have left unexplored. People write the history of experiments on those born blind, on wolf-children or under hypnosis. But who will write the more general, more fluid, but also more determinant history of the 'examination' – its rituals, its methods, its characters and their roles, its play of questions and answers, its systems of marking and classification? For in this slender technique are to be found a whole domain of knowledge, a whole type of power. One often speaks of the ideology that the human 'sciences' bring with them, in either discreet or prolix manner. But does their very technology, this tiny operational schema that has become so widespread (from psychiatry to pedagogy, from the diagnosis of diseases to the hiring of labour), this familiar method of the examination, implement, within a single mechanism, power relations that make it possible to extract and constitute knowledge? It is not simply at the level of consciousness, of representations and in what one thinks one knows, but at the level of what makes possible the knowledge that is transformed into political investment.

One of the essential conditions for the epistemological 'thaw' of medicine at the end of the eighteenth century was the organization of the hospital as an 'examining' apparatus. The ritual of the visit was its most obvious form. In the seventeenth century, the physician, coming from the outside, added his inspection to many other controls – religious, administrative, etc.; he hardly participated in the everyday administration of the hospital. Gradually, the visit became more regular, more rigorous, above all more extended: it became an ever more important part of the functioning of the hospital. In 1661, the physician of the Hôtel-Dieu of Paris was called upon to make a daily visit; in 1687, an 'expectant' physician was to examine, in the afternoon, certain seriously sick patients. The eighteenth-century regulations laid down the hours of the visit and its duration (at least two hours); they insisted on a rotation of physicians, which would guarantee visits every day 'even on Easter Sunday'; at last, in 1771, a resident physician was appointed, charged with 'providing all the services of his state, at night as well as in the

day, in the intervals between visits by an outside physician' (*Registre des délibérations du bureau de l'Hôtel-Dieu*). The old form of inspection, irregular and rapid, was transformed into a regular observation that placed the patient in a situation of almost perpetual examination. This had two consequences: in the internal hierarchy, the physician, hitherto an external element, begins to gain over the religious staff and to relegate them to a clearly specified, but subordinate role in the technique of the examination; the category of the 'nurse' then appears; while the hospital itself, which was once little more than a poorhouse, was to become a place of training and of the correlation of knowledge; it represented a reversal therefore of the power relations and the constitution of a corpus of knowledge. The 'well-disciplined' hospital became the physical counterpart of the medical 'discipline'; this discipline could now abandon its textual character and take its references not so much from the tradition of author-authorities as from a domain of objects perpetually offered for examination.

Similarly, the school became a sort of apparatus of uninterrupted examination that duplicated along its entire length the operation of teaching. It became less and less a question of jousts in which pupils pitched their forces against one another and increasingly a perpetual comparison of each and all that made it possible both to measure and to judge. The Brothers of the Christian Schools wanted their pupils to be examined every day of the week: on the first for spelling, on the second for arithmetic, on the third for catechism in the morning and for handwriting in the afternoon, etc. Moreover, there was to be an examination each month in order to pick out those who deserved to be submitted for examination by the inspector (*La Salle, Conduite . . .*, 160). From 1775, there existed at the *École des Ponts et Chaussées* sixteen examinations a year: three in mathematics, three in architecture, three in drawing, two in writing, one in stone-cutting, one in style, one in surveying, one in levelling, one in quantity surveying. The examination did not simply mark the end of an apprenticeship; it was one of its permanent factors; it was woven into it through a constantly repeated ritual of power. The examination enabled the teacher, while transmitting his knowledge, to transform his pupils into a whole field of knowledge. Whereas the examination with which an apprenticeship ended in the guild



tradition validated an acquired aptitude – the ‘master-work’ authenticated a transmission of knowledge that had already been accomplished – the examination in the school was a constant exchanger of knowledge; it guaranteed the movement of knowledge from the teacher to the pupil, but it extracted from the pupil a knowledge destined and reserved for the teacher. The school became the place of elaboration for pedagogy. And just as the procedure of the hospital examination made possible the epistemological ‘thaw’ of medicine, the age of the ‘examining’ school marked the beginnings of a pedagogy that functions as a science. The age of inspections and endlessly repeated movements in the army also marked the development of an immense tactical knowledge that had its effect in the period of the Napoleonic wars.

The examination introduced a whole mechanism that linked to a certain type of the formation of knowledge a certain form of the exercise of power.

1. *The examination transformed the economy of visibility into the exercise of power.* Traditionally, power was what was seen, what was shown and what was manifested and, paradoxically, found the principle of its force in the movement by which it deployed that force. Those on whom it was exercised could remain in the shade; they received light only from that portion of power that was conceded to them, or from the reflection of it that for a moment they carried. Disciplinary power, on the other hand, is exercised through its invisibility; at the same time it imposes on those whom it subjects a principle of compulsory visibility. In discipline, it is the subjects who have to be seen. Their visibility assures the hold of the power that is exercised over them. It is the fact of being constantly seen, of being able always to be seen, that maintains the disciplined individual in his subjection. And the examination is the technique by which power, instead of emitting the signs of its potency, instead of imposing its mark on its subjects, holds them in a mechanism of objectification. In this space of domination, disciplinary power manifests its potency, essentially, by arranging objects. The examination is, as it were, the ceremony of this objectification.

Hitherto the role of the political ceremony had been to give rise to the excessive, yet regulated manifestation of power; it was a spectacular expression of potency, an ‘expenditure’, exaggerated and

coded, in which power renewed its vigour. It was always more or less related to the triumph. The solemn appearance of the sovereign brought with it something of the consecration, the coronation, the return from victory; even the funeral ceremony took place with all the spectacle of power deployed. Discipline, however, had its own type of ceremony. It was not the triumph, but the review, the 'parade', an ostentatious form of the examination. In it the 'subjects' were presented as 'objects' to the observation of a power that was manifested only by its gaze. They did not receive directly the image of the sovereign power; they only felt its effects – in replica, as it were – on their bodies, which had become precisely legible and docile. On 15 March 1666, Louis XIV took his first military review: 18,000 men, 'one of the most spectacular actions of the reign', which was supposed to have 'kept all Europe in disquiet'. Several years later, a medal was struck to commemorate the event (cf. Jucquiot, 50–54). It bears the exergue, '*Disciplina militaris restitua*' and the legend '*Prolusio ad victorias*'. On the right, the king, right foot forward, commands the exercise itself with a stick. On the left, several ranks of soldiers are shown full face and aligned in depth; they have raised their right arms to shoulder height and are holding their rifles exactly vertical, their right legs are slightly forward and their left feet turned outwards. On the ground, lines intersect at right angles, to form, beneath the soldiers' feet, broad rectangles that serve as references for different phases and positions of the exercise. In the background is a piece of classical architecture. The columns of the palace extend those formed by the ranks of men and the erect rifles, just as the paving no doubt extends the lines of the exercise. But above the balustrade that crowns the building are statues representing dancing figures: sinuous lines, rounded gestures, draperies. The marble is covered with movements whose principle of unity is harmonic. The men, on the other hand, are frozen into a uniformly repeated attitude of ranks and lines: a tactical unity. The order of the architecture, which frees at its summit the figures of the dance, imposes its rules and its geometry on the disciplined men on the ground. The columns of power. 'Very good', Grand Duke Mikhail once remarked of a regiment, after having kept it for one hour presenting arms, 'only *they breathe*' (Kropotkin, 8; I owe this reference to G. Canguilhem).

Let us take this medal as evidence of the moment when, paradoxically but significantly, the most brilliant figure of sovereign power is joined to the emergence of the rituals proper to disciplinary power. The scarcely sustainable visibility of the monarch is turned into the unavoidable visibility of the subjects. And it is this inversion of visibility in the functioning of the disciplines that was to assure the exercise of power even in its lowest manifestations. We are entering the age of the infinite examination and of compulsory objectification.

2. *The examination also introduces individuality into the field of documentation.* The examination leaves behind it a whole meticulous archive constituted in terms of bodies and days. The examination that places individuals in a field of surveillance also situates them in a network of writing; it engages them in a whole mass of documents that capture and fix them. The procedures of examination were accompanied at the same time by a system of intense registration and of documentary accumulation. A 'power of writing' was constituted as an essential part in the mechanisms of discipline. On many points, it was modelled on the traditional methods of administrative documentation, though with particular techniques and important innovations. Some concerned methods of identification, signalling or description. This was the problem in the army, where it was necessary to track down deserters, avoid repeating enrolments, correct fictitious 'information' presented by officers, know the services and value of each individual, establish with certainty the balance-sheet of those who had disappeared or died. It was the problem of the hospitals, where it was necessary to recognize the patients, expel shamblers, follow the evolution of diseases, study the effectiveness of treatments, map similar cases and the beginnings of epidemics. It was the problem of the teaching establishments, where one had to define the aptitude of each individual, situate his level and his abilities, indicate the possible use that might be made of them: 'The register enables one, by being available in time and place, to know the habits of the children, their progress in piety, in catechism, in the letters, during the time they have been at the School' (M.I.D.B., 64).

Hence the formation of a whole series of codes of disciplinary individuality that made it possible to transcribe, by means of homogenization the individual features established by the examination:

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the physical code of signalling, the medical code of symptoms, the educational or military code of conduct or performance. These codes were still very crude, both in quality and quantity, but they marked a first stage in the 'formalization' of the individual within power relations.

The other innovations of disciplinary writing concerned the correlation of these elements, the accumulation of documents, their seriation, the organization of comparative fields making it possible to classify, to form categories, to determine averages, to fix norms. The hospitals of the eighteenth century, in particular, were great laboratories for scriptuary and documentary methods. The keeping of registers, their specification, the modes of transcription from one to the other, their circulation during visits, their comparison during regular meetings of doctors and administrators, the transmission of their data to centralizing bodies (either at the hospital or at the central office of the poorhouses), the accountancy of diseases, cures, deaths, at the level of a hospital, a town and even of the nation as a whole formed an integral part of the process by which hospitals were subjected to the disciplinary régime. Among the fundamental conditions of a good medical 'discipline', in both senses of the word, one must include the procedures of writing that made it possible to integrate individual data into cumulative systems in such a way that they were not lost; so to arrange things that an individual could be located in the general register and that, conversely, each datum of the individual examination might affect overall calculations.

Thanks to the whole apparatus of writing that accompanied it, the examination opened up two correlative possibilities: firstly, the constitution of the individual as a describable, analysable object, not in order to reduce him to 'specific' features, as did the naturalists in relation to living beings, but in order to maintain him in his individual features, in his particular evolution, in his own aptitudes or abilities, under the gaze of a permanent corpus of knowledge; and, secondly, the constitution of a comparative system that made possible the measurement of overall phenomena, the description of groups, the characterization of collective facts, the calculation of the gaps between individuals, their distribution in a given 'population'.

These small techniques of notation, of registration, of constituting files, of arranging facts in columns and tables that are so familiar

to us now, were of decisive importance in the epistemological 'thaw' of the sciences of the individual. One is no doubt right to pose the Aristotelean problem: is a science of the individual possible and legitimate? A great problem needs great solutions perhaps. But there is the small historical problem of the emergence, towards the end of the eighteenth century, of what might generally be termed the 'clinical' sciences; the problem of the entry of the individual (and no longer the species) into the field of knowledge; the problem of the entry of the individual description, of the cross-examination, of anamnesis, of the 'file' into the general functioning of scientific discourse. To this simple question of fact, one must no doubt give an answer lacking in 'nobility'; one should look into these procedures of writing and registration, one should look into the mechanisms of examination, into the formation of the mechanisms of discipline; and of a new type of power over bodies. Is this the birth of the sciences of man? It is probably to be found in these 'ignoble' archives, where the modern play of coercion over bodies, gestures and behaviour has its beginnings.

3. *The examination, surrounded by all its documentary techniques, makes each individual a 'case':* a case which at one and the same time constitutes an object for a branch of knowledge and a hold for a branch of power. The case is no longer, as in casuistry or jurisprudence, a set of circumstances defining an act and capable of modifying the application of a rule; it is the individual as he may be described, judged, measured, compared with others, in his very individuality; and it is also the individual who has to be trained or corrected, classified, normalized, excluded, etc.

For a long time ordinary individuality – the everyday individuality of everybody – remained below the threshold of description. To be looked at, observed, described in detail, followed from day to day by an uninterrupted writing was a privilege. The chronicle of a man, the account of his life, his historiography, written as he lived out his life formed part of the rituals of his power. The disciplinary methods reversed this relation, lowered the threshold of describable individuality and made of this description a means of control and a method of domination. It is no longer a monument for future memory, but a document for possible use. And this new describability is all the more marked in that the disciplinary framework is

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a strict one: the child, the patient, the madman, the prisoner, were to become, with increasing ease from the eighteenth century and according to a curve which is that of the mechanisms of discipline, the object of individual descriptions and biographical accounts. This turning of real lives into writing is no longer a procedure of heroization; it functions as a procedure of objectification and subjection. The carefully collated life of mental patients or delinquents belongs, as did the chronicle of kings or the adventures of the great popular bandits, to a certain political function of writing; but in a quite different technique of power.

The examination as the fixing, at once ritual and 'scientific', of individual differences, as the pinning down of each individual in his own particularity (in contrast with the ceremony in which status, birth, privilege, function are manifested with all the spectacle of their marks) clearly indicates the appearance of a new modality of power in which each individual receives as his status his own individuality, and in which he is linked by his status to the features, the measurements, the gaps, the 'marks' that characterize him and make him a 'case'.

Finally, the examination is at the centre of the procedures that constitute the individual as effect and object of power, as effect and object of knowledge. It is the examination which, by combining hierarchical surveillance and normalizing judgement, assures the great disciplinary functions of distribution and classification, maximum extraction of forces and time, continuous genetic accumulation, optimum combination of aptitudes and, thereby, the fabrication of cellular, organic, genetic and combinatory individuality. With it are ritualized those disciplines that may be characterized in a word by saying that they are a modality of power for which individual difference is relevant.

The disciplines mark the moment when the reversal of the political axis of individualization – as one might call it – takes place. In certain societies, of which the feudal régime is only one example, it may be said that individualization is greatest where sovereignty is exercised and in the higher echelons of power. The more one possesses power or privilege, the more one is marked as an individual, by rituals, written accounts or visual reproductions. The 'name'

and the genealogy that situate one within a kinship group, the performance of deeds that demonstrate superior strength and which are immortalized in literary accounts, the ceremonies that mark the power relations in their very ordering, the monuments or donations that bring survival after death, the ostentation and excess of expenditure, the multiple, intersecting links of allegiance and suzerainty, all these are procedures of an 'ascending' individualization. In a disciplinary régime, on the other hand, individualization is 'descending': as power becomes more anonymous and more functional, those on whom it is exercised tend to be more strongly individualized; it is exercised by surveillance rather than ceremonies, by observation rather than commemorative accounts, by comparative measures that have the 'norm' as reference rather than genealogies giving ancestors as points of reference; by 'gaps' rather than by deeds. In a system of discipline, the child is more individualized than the adult, the patient more than the healthy man, the madman and the delinquent more than the normal and the non-delinquent. In each case, it is towards the first of these pairs that all the individualizing mechanisms are turned in our civilization; and when one wishes to individualize the healthy, normal and law-abiding adult, it is always by asking him how much of the child he has in him, what secret madness lies within him, what fundamental crime he has dreamt of committing. All the sciences, analyses or practices employing the root 'psycho-' have their origin in this historical reversal of the procedures of individualization. The moment that saw the transition from historico-ritual mechanisms for the formation of individuality to the scientifico-disciplinary mechanisms, when the normal took over from the ancestral, and measurement from status, thus substituting for the individuality of the memorable man that of the calculable man, that moment when the sciences of man became possible is the moment when a new technology of power and a new political anatomy of the body were implemented. And if from the early Middle Ages to the present day the 'adventure' is an account of individuality, the passage from the epic to the novel, from the noble deed to the secret singularity, from long exiles to the internal search for childhood, from combats to phantasies, it is also inscribed in the formation of a disciplinary society. The adventure of our childhood no longer finds expression in 'le

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*bon petit Henri*”, but in the misfortunes of ‘little Hans’. The *Romance of the Rose* is written today by Mary Barnes; in the place of Lancelot, we have Judge Schreber.

It is often said that the model of a society that has individuals as its constituent elements is borrowed from the abstract juridical forms of contract and exchange. Mercantile society, according to this view, is represented as a contractual association of isolated juridical subjects. Perhaps. Indeed, the political theory of the seventeenth and eighteenth centuries often seems to follow this schema. But it should not be forgotten that there existed at the same period a technique for constituting individuals as correlative elements of power and knowledge. The individual is no doubt the fictitious atom of an ‘ideological’ representation of society; but he is also a reality fabricated by this specific technology of power that I have called ‘discipline’. We must cease once and for all to describe the effects of power in negative terms: it ‘excludes’, it ‘represses’, it ‘censors’, it ‘abstracts’, it ‘masks’, it ‘conceals’. In fact, power produces; it produces reality; it produces domains of objects and rituals of truth. The individual and the knowledge that may be gained of him belong to this production.

Is it not somewhat excessive to derive such power from the petty machinations of discipline? How could *they* achieve effects of such scope?



## Notes

- 10 The Quakers certainly also knew the Rasphuis and Spinhuis of Amsterdam. Cf. Sellin, 109–10. In any case, Walnut Street Prison was a continuation of the Almshouse opened in 1767 and of the penal legislation that the Quakers had wished to impose despite the English administration.
- 11 On the disorders caused by this law, cf. Rush, 5–9 and Vaux, 45. It should be noted that in the report by J. L. Siegel, which had inspired the Rasphuis of Amsterdam, it was envisaged that penalties would not be proclaimed publicly, that prisoners would be brought into the prison at night, that warders would swear not to reveal their identity and that no visits would be permitted (Sellin, 27–8).
- 12 B. Rush, who was one of the inspectors, notes after a visit to Walnut Street: 'Moral cares: preaching, reading of good books, cleanliness of clothes and rooms, baths; one does not raise one's voice, little wine, as little tobacco as possible, little obscene or profane conversation. Constant work: the gardens taken care of; it is beautiful: 1,200 head of cabbage' (in Teeters, 1935, 50).
- 13 Rush, 14. This idea of an apparatus for transforming human beings is already to be found in Hanway's project for a 'reformatory': 'The idea of a hospital and that of a malefactor are incompatible; but let us try to make the prison an authentic and effective reformatory, instead of it being like the others a school of vice' (Hanway, 52).
- 14 Cf. the criticism made by Rush of punitive spectacles, in particular those imagined by Dufrique du Valazé (Rush, 5–9).

### PART THREE DISCIPLINE

#### 1 *Docile bodies*

- 1 I shall choose examples from military, medical, educational and industrial institutions. Other examples might have been taken from colonization, slavery and child rearing.
- 2 Cf. what La Métherie wrote after a visit to Le Creusot: 'The buildings for so fine an establishment and so large a quantity of different work should cover a sufficient area, so that there will be no confusion among the workers during working time' (La Métherie, 66).
- 3 J.-B. de la Salle, *Conduite des écoles chrétiennes*, B.N. Ms. 11759, 248–9. A little earlier Batencour proposed that classrooms should be divided into three parts: 'The most honourable for those who are learning Latin. . . It should be stressed that there are as many places at the tables as there will be writers, in order to avoid the confusion usually caused by the lazy.' In another, those who are learning to read: a bench

- for the rich and a bench for the poor 'so that vermin will not be passed on'. A third section for newcomers: 'When their ability has been recognized, they will be given a place' (M.I.D.B., 56-7).
- 4 The success of the Prussian troops can only be attributed to the 'excellence of their discipline and their exercise; the choice of exercise is not therefore a matter of indifference; in Prussia the subject has been studied for forty years with unremitting application' (Saxe, II, 249).
  - 5 Writing exercise: '. . . 9: Hands on the knees. This command is conveyed by one ring on the bell; 10: hands on the table, head up; 11: clean the slates: everyone cleans his slate with a little saliva, or better still with a piece of rag; 12: show the slates; 13: monitors, inspect. They inspect the slates with their assistants and then those of their own bench. The assistants inspect those of their own bench and everyone returns to his own place.'
  - 6 This mixture appears clearly in certain classes of the apprenticeship contract: the master is obliged to give his pupil - in exchange for his money and his labour - all his knowledge, without keeping any secret from him; otherwise, he is liable to a fine. Cf., for example, Grosre naud, 62.
  - 7 F. de la Noue recommended the creation of military academies at the end of the sixteenth century, suggesting that one should learn in them 'how to handle horses, to practise with the dagger, with and without shield, to fence, to perform on horseback, to jump; if swimming and wrestling were added, it would be to the good, for all this makes the person robust and more subtle' (Noue, 181-2).
  - 8 Through the schools at Liège, Devenport, Zwolle, Wesel; and thanks also to Jean Sturm and his memorandum of 1538 for the organization of a *gymnasium* at Strasburg. Cf. *Bulletin de la société d'histoire du protestantisme*, XXV, 499-505.
- It should be noted that the relations between the army, religious organization and education are very complex. The 'decury', the unit of the Roman army, is to be found in Benedictine monasteries, as the unit of work and no doubt of supervision. The Brothers of the Common Life borrowed it and adapted it to their own education organization: the pupils were grouped in tens. It was this unit that the Jesuits took up in the scenography of their schools, thus reintroducing a military model. But the decury was replaced in turn by an even more military schema, with ranks, columns, lines.
- 9 Guibert, 18. In fact, this very old problem came into the forefront once more in the eighteenth century, for the economic and technical

reasons that we are about to see; and the 'prejudice' in question had been discussed very often by others besides Guibert himself (followers of Folard, Pirch, Mesnil-Durand).

- 10 In the sense in which this term was used after 1759.
- 11 The movement that brought the rifle into widespread use may be roughly dated from the battle of Steinkirk, 1699.
- 12 On this importance of geometry, see J. de Beausobre: 'The science of war is essentially geometrical. . . The arrangement of a battalion and a squadron on a whole front and at so much height is alone the effect of an as yet unknown, but profound geometry' (Beausobre, 307).
- 13 *Journal pour l'instruction élémentaire*, April 1816. Cf. Tronchot, who has calculated that pupils must have been given over 200 commands a day (without counting exceptional orders); for the morning alone twenty-six commands communicated by the voice, twenty-three by signs, thirty-seven by rings of the bell, and twenty-four by whistle, which means a blow on the whistle or a ring on the bell every three minutes.

## 2 *The means of correct training*

- 1 *Règlement pour l'infanterie prussienne*, Fr. trans., Arsenal, MS. 4067, fo. 144. For older plans see Praissac, 27-8 and Montgommery, 77. For the new plans, cf. Beneton de Morange, *Histoire de la guerre*, 1741, 61-4 and *Dissertations sur les Tentes*; cf. also the many regulations such as the *Instruction sur le service des règlements de Cavalerie dans les camps*, 29 June 1753.
- 2 Arch. nat. MM 666-9. Jeremy Bentham recounts that it was while visiting the École Militaire that his brother first had the idea of the Panopticon.
- 3 Demia, 27-9. One might note a phenomenon of the same kind in the organization of schools; for a long time 'prefects' were, independently of the teachers, entrusted with the moral responsibility for small groups of pupils. After 1762, above all, one sees the appearance of a new type of supervision, which was more administrative and more integrated into the hierarchy; supervisors, *maîtres de quartier*, *maîtres subalternes*. Cf. Dupont-Ferrier, 254 and 476.

## 3 *Panopticism*

- 1 Archives militaires de Vincennes, A 1,516 91 sc. Pièce. This regulation is broadly similar to a whole series of others that date from the same period and earlier.